<table>
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<th>Book Title</th>
<th>Author</th>
<th>Grade Level</th>
<th>Synopsis</th>
<th>Questions</th>
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| Alexander and the Terrible Horrible No Good Very Bad Day | Viorst, Judith | K-4th       | Everything goes wrong for Alexander all day and he wants to go to Australia to live. His mother reminds him that even in Australia people have bad days.                                                | 1. Tell me about one of your bad days.  
2. Have you ever wanted to run away to someplace else?  
3. What can you do to make the day better?                                                                                                         | 4          |
| All the Colors of the Earth      | Hamanaka, Sheila | PreK-4th    | A beautifully illustrated book that compares our skin color to a multitude of living things in the natural world.                                                                                      | 1. How many skin colors can you name?  
2. How did this author describe different skin colors?  
3. How would you describe your skin color?  
4. A great book to introduce the literary term simile, a comparison of two things using the word as or like.                                       | 1          |
| Androcles and the Lion           | Baldwin, James  | 5th-8th     | Androcles is a slave in Rome, and his master treats him very poorly. He runs away to a cave where he befriends a lion in need of his help. He is found and forced to fight a lion as punishment for running away, but when his lion friend is the one he is set to fight, he shares their story of friendship. | 1. Why did Androcles run away? How did he feel when he ran?  
2. What made Androcles want to help out the lion? How do you think the lion felt?  
3. How did the lion help Androcles?  
4. How do you think he was able to be so kind even though he was treated so badly by his master?                                                  | 1          |
| A Bad Case of Stripes            | Shannon, David   | K-5th       | Camilla loves lima beans but won't eat them because she's afraid of being made fun of. Soon she begins to stripes, calling the wrong kind of attention to herself. Her problem is solved when she decides being made fun of by eating lima beans can't be any worse than turning into stripes. | 1. Why do you think Camilla wanted to impress her classmates?  
2. What have you ever done to try to impress someone?  
3. Do you worry about what other people think of you? Why or why not?  
4. How does it make you feel when someone else tries to impress you?                                                                       | 2          |
| Badger's Bad Mood                | Oram, Hiawyn   | 2nd-5th     | Badger is in a bad mood and his friends don't know why, or how to make him feel better. Mole holds an award ceremony honoring many, including Badger. It shows the importance of being told how much we're loved and appreciated. | 1. What kinds of things make people get in a bad mood?  
2. How did it make Badger's friends feel when they couldn't help him feel better?  
3. Why do we need to tell others how important they are?  
4. What kind of award would you like to receive if all your friends held an awards ceremony?                                                   | 1          |
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| Baseball Saved Us             | Mochizuki, Ken        | 3rd-5th   | A Japanese-American Boy in an internment camp in WWII is helped by baseball. | 1. What do you think it felt like to be in an internment camp?  
2. What do you think other people were thinking of the Japanese? Was this true?  
3. Calling people names can hurt. In the book, being called a "Jap" hurt the boy. Why do you think some people use racial and ethnic slurs? | 2     |
| Be Polite and Kind            | Meiners, Cheri J.     | PreK-1st  | This book teaches the basics of good manners and gracious behavior. When children are courteous, respectful, and kind, other people enjoy being around them Politeness helps people get along | 1. Pg. 1-3: How do you show people they are important to you?  
2. Pg. 4-15: What does it mean to be polite and kind? How does it feel when someone says polite, kind words to you? How does it feel when someone is not polite?  
3. Pg. 16-27: What is respect?  
4. Pg. 28-31: Why is it important to be polite and kind? | 1     |
| Be Who You Are                | Parr, Todd            | PreK-2nd  | Whoever you are, however you are different, be proud of who you are!     | 1. What is one adjective that would describe you?  
2. What do you like to eat? What music do you like to listen to?  
3. What is your family like? What language or languages do you speak? | 1     |
| Being Bullied                 | Petty, Kate & Firmin, Charlotte | PreK-1st | Rita is being bullied at school by Bella. The other kids begin to side with Bella. The teacher does not seem to realize the situation. Rita's mom sees her despair and helps her deal with the situation and improve her self-confidence. | 1. How do you think Rita felt when she was being bullied?  
2. How can you or your friends deal with bullies at school?  
3. How was Rita's mom able to know that Rita was upset and something was wrong?  
4. Is it okay to tell on a bully? | 1     |
| Best Friends on Wheels        | Shirley, Debra        | 1st-3rd   | A young girl relates all the ways she and her best friend are alike, even though her best friend uses a wheelchair. | 1. Do you know anyone with special needs?  
2. How do you think it makes them feel to be treated differently?  
3. How would you treat people with disabilities? Why? | 1     |
| Big Al                        | Clements, Andrew & Yoshi | K-2nd    | Al is a large, ugly fish who frightens others and feels lonely. The situation changes when he has a chance to help the others. | 1. What is it like when someone makes fun of you?  
2. When you know someone else is lonely, what can you do? | 3     |
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| A Big Guy Took My Ball                   | Willems, Mo     | PreK-3rd | Little guys, BIG guys, all of us have a story. When we take time to talk to and listen to other people, we learn that we are all in this life together.   | 1. Who are the main characters in this book? Describe them.  
2. Who was the Big Guy? What was his problem?  
3. How did Elephant and Piggie and Whale work together to solve their problem? | 2     |
| Big Moon Tortilla                        | Cowley, Joy     | 2nd-4th | Marta is so excited about Grandmother's Big Moon Tortillas that she loses her homework to the wind and accidentally breaks her glasses. She comes rushing back to Grandmother, crying big tears, when Grandmother tells her an old story that teaches about problem solving. | 1. When have you had a problem where you needed to choose to be a tree and stand tall, looking all ways at once?  
2. When have you had a problem where you needed to choose to be a rock and sit still?  
3. When have you had a problem where you needed to choose to be a mountain lion and be fierce and ready to stand up for what is right?  
4. When have you had a problem where you needed to choose to be an eagle and see how small your problem is and laugh? | 1     |
| Boy                                      | Cummings, Phil  | K-5th  | This is a story about a king, his knights, a dragon and a boy that is deaf. Do you know what being deaf means? How do people who are deaf communicate? (Sign Language- and in this book the authors use the term “dancing hands”) Watch and listen carefully to see how Boy solves a really big problem for everyone. | 1. Why was everybody fighting?  
2. How could Boy tell there was a problem?  
3. How did Boy help the king, knights and dragon solve their problem? (They listened to each other’s perceptions of the situation.)  
4. How could you be like Boy? (Help people communicate and listen to each other) | 1     |
<p>| brown girl dreaming [sic]                 | Woodson, Jacquelin | 4th+  | A memoir in free verse, page-long chapters, so you may read any chapter. Woodson recounts her childhood growing up in Ohio and South Carolina during the 1960's, learning about racism, segregation, family, love and respect, and her dream of becoming a writer some day. | Feel free to create questions for each of the 30 chapters as appropriate. | 1     |</p>
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| Bullies Never Win             | Cuyler, Margery   | K-5th       | Jessica is a worrier. She worries about everything. But in Mr. Martin's class she has her biggest worry: Brenda Bailey. Brenda is a bully, and she won't leave Jessica alone. It worries Jessica so much she can't even sleep. Can Jessica stand up to Brenda? | 1. Why was Brenda Jessica's big worry?  
2. Do you worry about things? What kinds of things bother you the most?  
3. How did Jessica deal with Brenda's bullying? Did it work? Could she have done anything else?  
4. If you see someone being bullied, how can you help? |
| Bully                         | Seeger, Laura     | PreK-2nd    | Few words, but a great message! Bully is not kind to others, but realizes his mistakes, and decides to try and be a good friend again. | 1. Who is the bully in this story?  
2. Who was Bully being mean to in this story?  
3. How do you think the other animals felt when they were being bullied?  
4. Has someone every bullied you? How did that make you feel? |
| Calm-Down Time                | Verdick, Elizabeth| PreK-2nd    | Feeling upset, mad or sad? "1, 2, 3…I'm taking care of me!" A wonderful book that can teach children how to take time out, take a deep breath, and feel better. | 1. When you feel sad or mad or just upset, how can you help yourself feel better?  
2. How can we help other people feel better, if they are sad? |
| Can I Join Your Club?         | Kelley, John and  | 1st-3rd     | Duck wants to join a club, but he is having a hard time being accepted. How would you solve this problem? Read to find out what Duck does. | 1. Why did Duck want to be in a club?  
2. What does “denied” mean? Why was Duck always “denied”?  
3. What makes “Our Club” so full of members? (Everyone is included.)  
4. Are you on a team, or in a club? How does it feel? Does everyone feel the same way? How can you make someone feel accepted in a group? |
| Can We help?                  | Ancona, George    | K-3rd       | Excellent ideas for all people to figure out how we can help other - donating food and clothing to shelters, knitting hats and scarves for homeless people, picking up trash, planting trees, and the list goes on! | 1. When the middle school students were helping the younger students, how do you think this made the middle school students feel? The younger students?  
2. Which helping idea would you like to try?  
3. What are some ways you already help people? |
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| Clancy, The Courageous Cow   | Hume, Lachie    | 2nd-5th | The Belted Galloways are trapped in a vicious cycle. Every year their bossy neighbors, the Herefords, win the Cow Wrestling Contest. The winners get to graze on the best pasture. The losers have to wait until next year. Can a beltless Belted Galloway do anything about their plight? | 1. Why wasn't Clancy a part of the group?  
2. How did the other cows feel about Clancy?  
3. Is there something good about being different?  
4. How did the situation change when Clancy won?  
Could any of the other cows do what Clancy did? | 1     |
| Crow Boy                     | Yashima, Taro   | 2nd-5th | Chibi is a small shy boy who comes into town to go to school. He is isolated and made fun of by other children until a new teacher comes and helps uncover Chibi's special interests and talents. Chibi earns the nickname Crow Boy and also wins the respect of the other children. | 1. Do you remember how you felt the first day you came to school?  
2. Why was it hard for Chibi to make friends?  
3. How did the new teacher, Mr. Isobe, help Chibi?  
4. What are some of your special skills or talents? | 2     |
| Emmanuel's Dream             | Thompson, Lauri Ann | K-4th | A true story in Ghana, West Africa. A boy with only one strong leg, bicycled 400 miles across Ghana to send a powerful message - disability does not mean inability. | 1. How did Emmanuel handle going to school?  
2. What happened after his mother got sick?  
3. How did people react to Emmanuel when he was riding across Ghana?  
4. Read author's note on last page to find out what Emmanuel is doing now? | 1     |
| Everybody Cooks Rice         | Dooley, Norah   | K-4th | Carrie is searching for her younger brother Anthony because it is time for dinner and he is nowhere around. As Carrie stops at the home of her neighbors to ask about Anthony, she learns that even though all of her neighbors are cooking rice, they all cook rice in very different ways, and they are all delicious. | 1. How does your family cook rice? What is your favorite rice dish?  
2. In your opinion, which way of cooking rice was the most different to you? | 1     |
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<tr>
<td>Everybody Feels Angry</td>
<td>Bingham, J</td>
<td>PreK-2nd</td>
<td>Everyone feels certain feelings like anger, sadness, happiness, and being afraid, that is what connects us as human beings. Each of these 4 books helps children comprehend and cope with difficult happenings in their lives, and the feelings that often accompany them. Talking about these feelings can help all of us, not only children, build bridges of support and hope among us.</td>
<td>At the end of each book is a glossary and a note to parents and teachers, please refer to these pages for further discussion.</td>
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<td>Everybody Feels Happy</td>
<td>Bingham, J</td>
<td>PreK-2nd</td>
<td>Everyone feels certain feelings like anger, sadness, happiness, and being afraid, that is what connects us as human beings. Each of these 4 books helps children comprehend and cope with difficult happenings in their lives, and the feelings that often accompany them. Talking about these feelings can help all of us, not only children, build bridges of support and hope among us.</td>
<td>At the end of each book is a glossary and a note to parents and teachers, please refer to these pages for further discussion.</td>
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<td>Everybody Feels Sad</td>
<td>Bingham, J</td>
<td>PreK-2nd</td>
<td>Everyone feels certain feelings like anger, sadness, happiness, and being afraid, that is what connects us as human beings. Each of these 4 books helps children comprehend and cope with difficult happenings in their lives, and the feelings that often accompany them. Talking about these feelings can help all of us, not only children, build bridges of support and hope among us.</td>
<td>At the end of each book is a glossary and a note to parents and teachers, please refer to these pages for further discussion.</td>
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<td>Everybody Feels Scared</td>
<td>Bingham, J</td>
<td>PreK-2nd</td>
<td>Everyone feels certain feelings like anger, sadness, happiness, and being afraid, that is what connects us as human beings. Each of these 4 books helps children comprehend and cope with difficult happenings in their lives, and the feelings that often accompany them. Talking about these feelings can help all of us, not only children, build bridges of support and hope among us.</td>
<td>At the end of each book is a glossary and a note to parents and teachers, please refer to these pages for further discussion.</td>
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| Everyone Matters             | Thomas, Pat  | PreK-3rd | This book helps children understand what respect is (equality), how to show respect towards others, and the importance of self-respect. It emphasizes that respect is more than avoiding conflict, it is talking to each other, appreciating differences, and being willing to cooperate and compromise. | 1. Look at each other. How are you the same? Different?  
2. How are you the same as far as feelings go? Different?  
3. On pages 24 and 25, what would you do to show respect toward these people?  
4. How can you be respectful when you disagree with someone?                      | 1     |
| Farfallina and Marcel        | Keller, Holly| PreK-3rd | Friendship of a young goose and a caterpillar that goes through change as they age. | 1. How did each of these friends feel when they couldn’t find the other?  
2. What might they think happened?  
3. How do you think they felt when they reunited?  
4. Have you ever found a friend you thought you lost? What happened?            | 1     |
| Feet Are Not For Kicking     | Verdick, Elizabeth | PreK-1st | Looks at how we use our feet and when we kick our feet. Points out that kicking other people hurts them and asks the question, “How can we avoid kicking others?” | 1. What can you do with your feet (walk, jump, run, etc.)?  
2. When do you kick your feet?  
3. Does it hurt to be kicked?  
4. What are other ways we can have fun with our feet?                          | 1     |
| First Day in Grapes          | Perez, L. King | 3rd-6th | Chico and his family move a lot, picking fruits and vegetables. He starts a new school every year, and the other kids pick on him often. On his first day in 3rd grade when things start going very well, two 4th grade bullies confront him. Chico finds his strength and stands up to them, and also learns to be proud of his strengths. | 1. Have you ever started a new school? What was it like?  
2. Chico was very proud of his math skills. What is something you’re proud of?  
3. When Chico stood up to the bullies, other students supported him. What do you think “strength in numbers” means? Who can be there for you too? | 1     |
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| Freckleface Strawberry and the Dodgeball Bully                       | Moore, Julianne   | PreK-3rd | Freckleface Strawberry likes the playground, but is scared to play dodgeball because of Windy Pants Patrick, the bully. When she is the last one in the game, she befriends the bully and they can play together without any bullying problems. | 1. What did Freckleface Strawberry do when she was scared?  
2. What else could she do to make things better?  
3. How can you stand up to a bully?                                                                                           | 1      |
| Get Set! Swim!                                                      | Atkins, Jeannine  | 4th-8th | Jessenia has a swim meet that is very important to her. Her mom talks about her dreams of when she lived in Puerto Rico, but all Jessenia can think about is swimming. She starts thinking about her mom’s dreams and wants to win not only for herself but also for her mom. | 1. How were Jessenia and her mom’s dreams different? Were they kind of the same?  
2. Is it important to encourage each other even if you’re different? Why?  
3. What can you say to someone who is scared to make them feel better?  
4. What does encouragement mean to you?                                                                                      | 1      |
| Good People Everywhere                                              | Gillen, Lynea     | PreK-1st | A very positive, uplifting story to encourage children to be aware of the wonderful, caring people in their lives.                                                                                   | 1. Close you eyes and think of the good people in your life. Who is it? What does this person do?  
How does this person help others? Does this person help you? How?  
2. How can you help people in your life?                                                                                       | 1      |
| Grump, Groan, and Growl                                             | hooks, bell [sic] | PreK-2nd | All of us have grumpy days, when all we can do is groan and growl at the world! Sometimes, just let those feelings be, they will pass and we can go on in a better way.                   | 1. What does a grumpy face look like?  
2. What does a groan sound like?  
3. What does and growl look and sound like?  
4. When was the last time you felt this way? What did you do to feel better?                                                   | 1      |
| Hands Are Not For Hitting                                           | Agassi, Martine   | PreK-1st | Pictures and text demonstrate what hands can do; also points out that hands are not for hitting.                                                                                                     | 1. Can you think of other things that your hands do everyday?  
2. Do you ever want to hit with your hands?  
3. How does it feel to hit or when others hit?  
4. What can we do instead of hitting?                                                                                          | 2      |
| Have You Filled Your Bucket Today?                                  | McCloud, Carrl    | PreK-3rd | Everyone has an invisible bucket that holds good thoughts and feelings. This book helps children learn how to be bucket fillers by being positive with others. It also helps them recognize that words and actions can make a person a bucket dipper. The goal - to fill buckets each and every day. | 1. How is your bucket today?  
2. Do you think you can fill your own bucket?  
3. Can you share a time when you helped fill a bucket? A time when you dipped a bucket?                                      | 1      |
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<td>Henry's Freedom Box</td>
<td>Levine, Ellen</td>
<td>3rd-5th</td>
<td>This is a dramatic book about slavery and the Underground Railroad. Henry is a slave, from birth through adulthood, and endures endless hardships because of it. One day, he realizes that, in order to be free, he could mail himself to the North, where there wasn't slavery, and he could be free.</td>
<td>1. What are some of the facts that you learned about slavery? About the Underground Railroad? 2. What are some of the hardships in Henry's life? 3. Did Henry accomplish becoming free on his own? If not, who helped him?  * You might read the Author's Note on the last page to give students facts about slavery and the Underground Railroad.</td>
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<td>Heroes</td>
<td>Mochizuki, Ken</td>
<td>4th-5th</td>
<td>Donnie gets to be a hero in spite of the teasing that his friends say to him.</td>
<td>1. Why do you think they teased Donnie? 2. Have you ever been teased? 3. What did you do?</td>
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<td>Hey, Little Ant</td>
<td>Hoose, Phillip &amp; Hannah</td>
<td>K-5th</td>
<td>A young boy faces a dilemma. His friends want him to squash an ant but the ant disagrees. The boy and the ant discuss the situation.</td>
<td>1. Should the ant get squished? Why or why not? 2. Should the boy think about the ant's feelings? 3. When is it good to listen to your friends and when is it not good to listen to them? 4. Does &quot;might&quot; make &quot;right&quot;?</td>
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<td>Hiccups for Elephant</td>
<td>Preller, James</td>
<td>K-2nd</td>
<td>Elephant has the hiccups and wakes up all of his friends in the animal kingdom. They each have unique ideas on how to help cure Elephant's hiccups.</td>
<td>1. What do you do when you get the hiccups? 2. Do the same ideas work for everyone? 3. Why is it good to try to find more than one solution to a problem? 4. What do you think his friends ought to do with Elephant's sneezes?</td>
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<td>Horrible Bear</td>
<td>Dyckman, Ame</td>
<td>PreK-3rd</td>
<td>The power of saying &quot;I'm sorry&quot; - a very funny story of a girl and a Bear and how they learned how to figure out how to get along.</td>
<td>1. What happened to cause the Bear and the girl to not get along? 2. What happened to make the girl decide to say &quot;I'm sorry&quot; to the Bear? 3. How did the Bear react when the girl said that to the Bear? 4. Has a similar situation ever happened to you? What was it like? How did it end?</td>
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<td>How Are You Peeling?</td>
<td>Freymann, Saxton</td>
<td>K-5th</td>
<td>Amazing fruit and vegetable art in this book, with the produce carved out to show a feeling or mood.</td>
<td>There are many good questions throughout the book.</td>
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| How Full is Your Bucket?                  | Roth, Tom & Mary Reckmeyer       | 1st-4th  | Felix is learning about his invisible bucket, when it's full he feels good, when it's empty, he feels terrible. By the end of the story, Felix realizes that the way he treats other people can fill their bucket or empty their bucket. | 1. Explain Grandpa's "invisible bucket" idea.  
2. What are some things we might say to other people that might fill their bucket?  
3. What are some things we might say or do to other people that might empty their bucket?  
| How My Parents Learned to Eat              | Friedman, Ina                    | K-3rd    | A young Japanese girl tells how her mother and American father overcame their cultural differences of eating. | 1. Why do you think she was so scared to eat with her boyfriend?  
2. Can you think of something else they both could have done instead of being so scared? | 1    |
| How to Be a Friend                        | Brown, Laurie Krasny and Marc Brown | K-2nd    | A book about making friends and keeping them.                           | 1. What do you do when you are alone?  
2. What kinds of activities do you do when you play with someone?  
3. What types of things do you do for your friends?  
4. What do these words mean: cooperate, compliment, shy, bully?  
5. Great ideas on Page 29 about how to settle a disagreement with another person. | 1    |
| How to Take the GRRRR Out of Anger        | Elizabeth Verdick               | 4th+     | A great book that can teach older elementary kids how to manage their anger and work with others in a positive way to be able to get along and be empathetic with other people. | Choose any one of the 10 chapters to read and see what you students have to say. A good section on bullying is on Page 79, with 7 suggestions about ideas for dealing with it. | 1    |
| I Like Myself                              | Beaumont, Karen                  | PreK-2nd | A book of poetry about self esteem. It encourages students to like everything about themselves, and to value what is inside each of us. Wonderful illustrations. | 1. Name two things you like about yourself.  
2. What are some ways we can help our friends feel better about themselves? | 1    |
| I Miss Franklin P. Shuckles                | Snihura, Ulana                   | 3rd-4th  | A friend of Franklin does not want to be friends anymore because she thinks he's silly and later realizes her mistake. | 1. Have you ever known someone you didn't want to be with?  
2. Did you change your mind? | 1    |
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| I Walk With Vanessa                     | Kerascoet       | All Grades | A powerful book without words but full of positive, caring, and empathetic actions. What one girl did that helped to inspire a whole community to stand against bullying. | 1. After showing the book the first time, go through each page and ask students to narrate in their own words.  
2. Who is the bully? Describe that person, how do you think he feels?  
3. Vanessa - Identify her feelings throughout the book.  
4. Who helped Vanessa? What did she observe? What did she do?  
5. Have you ever felt like Vanessa? Have you ever felt like the bully?  
| I'm Gonna Like Me                        | Curtis, Jamie Lee | PreK-2nd | Using two different viewpoints, this story helps the reader see that no matter who we are, we all have value, uniqueness and self worth. | 1. Finish this sentence: "I'm gonna like me when..."  
2. How can we help other people like themselves? | 1     |
| I'm Sad                                 | Black, Michael Ian | PreK-3rd | A wonderfully funny book about being sad! When Flamingo tells his friends that he is sad, they try to cheer him up, but nothing works. Eventually, his friends learn that even if they aren't able to cheer Flamingo up, they learn that the most important matter is to stay by his side. | 1. What makes you feel sad?  
2. What makes you feel better?  
3. Why are friends important when you feel sad? | 1     |
| In My Heart - A Book of Feelings        | Witek, Jo       | PreK-2nd | Wonderful illustrations and words to help young people identify and explain feelings, how it feels to be happy, brave, mad, heart-broken, hopeful, silly, and shy. | 1. How does your heart feel today?  
2. What new feeling did you learn about? | 1     |
| It’s Okay to be Different               | Parr, Todd      | Pre-K-4th | This book promotes the idea of accepting who you are and also accepting other people for what they are. | 1. Have you ever felt different than the people around you? At school? At home? Any other place?  
2. How did other people treat you?  
3. Have you ever noticed someone who looked different than you? How were they different? | 2     |
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| Is it Right to Fight?                | Thomas, Pat             | PreK-2nd | It's okay to feel angry. This book shows appropriate ways to express anger, and explains why fighting is not healthy for anyone. It helps children learn that peaceful conflict resolution takes practice in knowing how to talk with each other, appreciate differences and have a willingness to cooperate and compromise. | 1. What do you do when you get angry? Is it helpful or hurtful?  
2. What can you do to avoid fighting? How can you become more peaceful? | 1    |
| Jessica's Box                        | Carnavas, Peter         | K-2nd  | It is Jessica’s first day of school, and she is nervous. Did you feel that way? Jessica brings a box to school. Watch closely as she reveals what is inside each day. Does the box help her make friends? Let’s find out. | 1. Why did Jessica bring a box to school each day? Did it help her make friends?  
2. Jessica shared what happened at school each day, with her family. Who do you talk with when you have a problem and need some help with it?  
3. How did her family help her? (They listened.)  
4. What was in the box that made a classmate want to play with her? (Jessica- just being herself was enough) | 1    |
| Just Kidding                         | Ludwig, Trudy           | 3rd-6th | A book about the emotional bullying of boys that shows the difference between just kidding around and actual bullying. It also offers different options for young people to use in order to enable a situation to be more positive. | Excellent discussion questions at the end of the book. | 2    |
| Kids You Ought to Know               | Raff, Courtney Granet   | 4th-6th | You might begin by reading the intro on page 5 aloud, and then asking the students what they think a hero is. Then choose any of the fourteen short biographies about young people who have endured challenges. | 1. What makes this person a hero?  
2. Can you name a few words that describe this person?  
3. Do you know a hero in your life? Describe him or her.  
4. Have you ever thought of yourself as a hero? Might you be a hero in some way? How? | 1    |
| Know and Follow the Rules            | Meiners, Cheri J.       | PreK-K  | Talks about how rules are important for us, and what some rules look like. | For each opened page you can ask:  
1. What happened in this picture?  
2. What are some of the rules in your school?  
3. Have you ever been to someone’s home where the rules were different from your home?  
4. How were they different? | 1    |
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| Lucy and the Bully            | Alexander, Claire | PreK-1st   | Tommy is mean and bullies Lucy. Lucy is frightened and is not feeling safe to tell a grown-up.                                                                                                               | 1. What can Lucy do?  
2. What or who can Lucy tell?  
3. Why was Tommy mean?  
4. How did Lucy solve the problem? | 1    |
| Malala Yousafzai              | Hansen, Grace | 1st-4th    | An informative and motivational timeline of the life and work of a young, present-day peace activist.                                                                                                         | 1. Name two or three causes that Malala believed in?  
2. What were some of the hardships Malala faced?  
3. How did she deal with these hardships?  
4. What is global education?  
5. On pages 22 and 23, there is a timeline of Malala's life and glossary that would add to the discussion. | 2    |
| Martha Walks the Dog          | Meddaugh, Susan | K-4th      | Martha is a very intelligent and friendly dog. Bob, a new dog, is chained up. He is mean and angry and his master yells "Bad dog!!" Martha, with the help of a parrot, shows Bob and his master that Bob can be and is a good, friendly dog. | 1. Why do you think Bob was so mean?  
2. Have you ever been treated meanly?  
3. What is the difference between telling someone they are bad, or telling them what they are doing is bad?  
4. Have you ever made friends with someone who is being mean to you? | 2    |
| Mean Soup                     | Everitt, Betsy | PreK-2nd   | It's been a very bad day for Horace, and he comes home from school feeling mean. His mother suggests they make soup. While the soup is coming to a boil, they each take turns screaming into the pot and releasing their anger until they are able to smile again. | 1. What makes you feel mean sometimes?  
2. What do you think about screaming into a pot of soup?  
3. What makes you feel better?  
4. What kinds of "soups" could you make? | 1    |
| Metropolitan Cow              | Egan, Tim    | 3rd-4th    | When a cow and a pig want to be friends, their parents don't like the idea.                                                                                                                                  | 1. Have you ever had a friend who is different from you?  
2. Why do you think the parents were worried about their friendship? | 1    |
| Miss Rumphius                 | Cooney, Barbara | 3rd-5th   | An older woman remembers what her grandmother taught her and she changes the world around her when she does it.                                                                                               | 1. Can you think of something your parents or grandparents have taught you that makes the world a better place to live in?  
2. Why were the flowers such a wonderful gift? | 4    |
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<td>Mixed A Colorful Story</td>
<td>Chung, Arree</td>
<td>PreK-3rd</td>
<td>A color-filled story about accepting all people, because we are so much better together! (This book is especially good for racial acceptance.)</td>
<td>1. Describe the colors at the beginning of the story? 2. What happened to cause the colors to separate? 3. What was their life like at the end of the story? 4. What do you think the author was trying to say to us?</td>
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<td>Mommy, Mama, and Me</td>
<td>Newman, Leslea</td>
<td>PreK-2nd</td>
<td>A story about one type of family - a word that has many meanings and types of arrangements of people. This book shows how one type of family, one with two moms, loves and supports their child.</td>
<td>1. What does the child in this family call her two parents? 2. What type of things does Mama do for her child? 3. What type of things does Mommy do for her child? 4. What other kinds of families do you know about? 5. What is your family like?</td>
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<td>Morris Micklewhite and the Tangerine Dress</td>
<td>Christine Baldacchino and Isabelle Malenfant</td>
<td>All Grades</td>
<td>Morris, a creative, adventurous boy likes to wear a tangerine-colored dress. But the other students at school make fun of Morris because they think that boys don't wear dresses. In the end, Morris learns sometimes he must be strong and independent to be able to be himself and be accepted by others.</td>
<td>1. What was Morris like? 2. What was the problem in this book? 3. How did Morris handle this issue? 4. What could you do to help Morris if you were his friend?</td>
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<td>Move Over, Twerp</td>
<td>Alexander, Martha</td>
<td>K-5th</td>
<td>Jeffrey is old enough to take the school bus, but he keeps getting pushed around by the older kids who call him Twerp. He looks to his family for solutions, but solves the problem in his own way.</td>
<td>1. Have you ever been called names? 2. Why did Jeffrey move when the bigger boy asked him to? 3. Have you ever stood up to a bully? 4. How could you handle this kind of problem in a peaceful way?</td>
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| My Rotten Redheaded Older Brother                    | Polacco, Patricia | 1st-4th     | Tricia learns the importance of having a fun brother.                   | 1. Why do you think it's important for the little girl to do something better than her brother?  
2. How do you feel about her older brother?  
3. How do you think the little girl felt when she could ride the merry-go-round longer than her brother?  
4. How did the grandmother help both the little girl and the older brother in the book? | 1    |
| Nasreen's Secret School                              | Winter, Jeanette | 2nd-5th     | Based on a true story in Afghanistan, this book depicts how powerful education and love can be in life-changing ways, even in the most dire situations. | 1. What unfortunate event happened to Nasreen?  
2. How did Nasreen handle these issues?  
3. What did Nasreen's grandmother do for her?  
4. What did Nasreen learn at her secret school?  
5. Describe Nasreen at the beginning of this story. Describe Nasreen at the end of this story. | 1    |
| Nerdy Birdy                                          | Reynolds, Aaron | PreK-3rd    | Nerdy Birdy likes reading, video games, and reading about video games, which the Cool Birdies don't think is cool. Being a nerdy birdy is a lonely lifestyle until he meets a nerdy flock just like him. | 1. Why does Nerdy Birdy feel left out?  
2. How does he find comfort in other birds like him?  
3. What does this teach Nerdy Birdy about friendship and groups and appearances? | 1    |
| Nerdy Birdy Tweets                                  | Reynolds, Aaron | K-2nd       | Nerdy Birdy and Vulture are best friends. When Nerdy Birdy finds the word of Tweetser, he jeopardizes his friendship when he tweets an embarrassing photo of Vulture. In the end, Nerdy Birdy learns that friendship is much more important than tweeting. | 1. Describe Nerdy Birdy and Vulture's friendship.  
2. What happened after Nerdy Birdy discovered Tweetser.  
3. What did both Nerdy Birdy and Vulture do to restore their relationship? | 1    |
| No Water No Bread                                   | Amavisca, Luis  | PreK-3rd     | Two groups of people live separated by a barbed wire fence. One group has plenty of water and the other group has plenty of bread, but they have difficulty sharing their resources with each other. When a third group appears without bread or water, an unlikely group comes up with an answer. | 1. What was life like when the groups didn't share?  
2. What was life like when the groups shared?  
3. Who helped solved the problem? | 1    |
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| Nobiah's Well                              | Guthrie, Donna | 3rd-4th     | Nobiah has a "deep heart" as he gives precious water meant for his family and crops to the thirsty animals he meets on his way home from the well. When Nobiah's thirst became "wide," his animal friends helped dig a well for him. | 1. What do you think it means to have a "deep heart" or a "wide thirst?"  
2. Have you ever been as thirsty as Nobiah? What were the circumstances and how did you quench your thirst?  
3. How far did you ever have to go for water? Miles and miles? | 2     |
| Old Henry                                  | Blos, Joan   | 3rd-4th     | Old Henry moves into a new home. His neighbors express unhappiness about the way he takes care of his house. He feels uncomfortable living there, so he moves away. However, he misses his old neighbor and returns to his old home and they all make an effort to get along. | 1. Why are the neighbors upset with Old Henry's behavior?  
2. How do you think Henry feels about leaving his home?  
3. What did Henry do to help bring everyone back together?  
5. How do you relate to people who live differently than you? | 1     |
| Old Joe and the Carpenter                  | A Tale from Appalachia | 5th-8th     | Two old friends have an argument and decide not to talk anymore. When a carpenter builds a bridge between their farms, they see that their friendship is more valuable than anything they argued about. | 1. Have you ever had a big fight with your best friend? Do you remember what it was about?  
2. If the fight was a long time ago, is it still important now? Do you think the things you fight over now are things you should be mad about forever?  
3. What do you think it means to "build (or mend) a bridge" with friends?  
4. How can you make things better after a fight? | 1     |
| Oliver Button is a Sissy                   | DePaola, Tomie | 2nd-3rd     | Oliver is made fun of because he likes to dance. In a talent show his friends discover that he is a star.                                                                                                    | 1. How could Oliver be so brave to enter the talent show?  
2. What do you suppose Oliver was thinking when they teased him? | 2     |
| One                                        | Otoshi, Kathryn | K-5th       | Blue is a quiet color. Red is a hot head. Red likes to pick on Blue. The other colors don't like what they see, but what can they do? When no one takes a stand, things get out of hand. Until One comes along and shows all the colors how to stand up and count! | 1. Why do you think Red was always picking on Blue?  
2. What might be some reasons why the other colors don't stand up to Red?  
3. Who changed the story and how?  
4. Have you seen stories like this happen in real life before? How did it make you feel to see it? | 2     |
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<tr>
<td>Only One You</td>
<td>Kranz, Linda</td>
<td>K-5th</td>
<td>Adri the fish learns some of the valuable and wise lessons his parents have learned to guide him along in the world.</td>
<td>1. At the end of each page, take a few moments to talk about what each saying means. 2. What do you think wisdom is? 3. Have you ever heard anyone say things like this? 4. What are some good things you have learned? What's the best advice you can give someone?</td>
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<td>Peace, Baby</td>
<td>Ashman, Linda</td>
<td>PreK-2nd</td>
<td>We all can have frustrating days when we feel overwhelmed and are tempted to do some &quot;just to get even&quot; things - but just stop, take a break, and say &quot;Peace, Baby&quot;!</td>
<td>1. Have you ever felt like any of the characters in this story? How did you handle your situation? 2. What situation in your life might you be able to stop, take a break, and say &quot;Peace, Baby&quot;?</td>
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<td>Peace Begins with You</td>
<td>Scholes, Katherine</td>
<td>4th-5th</td>
<td>A global look at peace - what peace is, where it comes from, how to find it, and how to keep it.</td>
<td>1. What are some things going on in the country or the world right now that interrupt peace? 2. What can people do about it? 3. How can we protect peace? 4. What can you do to let peace begin with you?</td>
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<td>Peace Tales</td>
<td>McDonald, Margaret Read</td>
<td>6th-Adult</td>
<td>This book includes three dozen folktales and proverbs that show how little things might lead to peace or war.</td>
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<td>Peace, see Shalom, Salaam, Peace</td>
<td>Bogot, Howard</td>
<td>K-5th</td>
<td>Read this book back to front, as Hebrew and Arabic texts are read. The author draws from Judaism, Christianity, and Islam to bring the ideal of peace into a concrete reality.</td>
<td>1. Why do you think I read this book from back to front? (Different doesn't necessarily mean &quot;wrong&quot;) 2. What does peace mean or look like to you? 3. When have you ever felt without peace? 4. What are some things you can do to create peace?</td>
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<td>A Picture Book of Rosa Parks</td>
<td>Adler, David A.</td>
<td>4th-8th</td>
<td>The factual retelling of Rosa Parks, who in 1955 was arrested for not giving up her bus seat to a white person.</td>
<td>1. Why do you think African American people were treated this way? 2. What does oppression mean? 3. Who in the world today is oppressed? 4. What does it take to begin a movement that works toward freedom?</td>
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| Quick as a Cricket            | Wood, Audrey| PreK-1st| "A joyful celebration of self-awareness" as you follow a young child giving similies for his moods. | 1. What mood are you in right now?  
2. Do you always feel the same way? Why or why not?  
3. What are some other words we use when we talk about our moods or how we are feeling?  
4. What mood would you like to be in? | 10    |
| Quiet Please, Owen McPhee     | Ludwig, Trudy| K-5th  | Owen McPhee loves to talk, he loves it so much he spends all day talking! When he wakes up one day with a bad case of laryngitis, he learns the importance of listening to what others have to say. | 1. Have you ever been asked to stop talking?  
2. How did that make you feel?  
3. What do you do when you listen to someone?  
4. Why is it so important to hear what other people have to say? | 1     |
| Reach For the Sky             | Stoutland, Allison | 2nd-3rd | One person can make a difference, and everyone should try. Each page spread leads to what "something" taught me. | 1. On each page spread you can ask: How do they teach you that?  
2. What does it mean to cooperate?  
3. When have you cooperated to get the job done? What were you doing?  
4. Lying in a sunny spot is a wonderful feeling for a cat. What makes you feel wonderful? | 2     |
| Red                           | Michael Hall| All Grades | This is a story about a crayon that had a red label but he was really blue. He tried his hardest to be red and to be the color that the other colors thought he should be. But in the end, with the help of a friend, he realized that he could be who he is, a blue crayon in a red label. | 1. How did red try to be red? Was he successful?  
2. What do you think is the message that the author is trying to convey? | 1     |
| Rosie's Story                 | Gogoll, Martina | 1st-3rd | Everyone who has ever been teased will like this story. | 1. How did Rosie feel when she was being teased?  
2. What did Rosie's dad suggest that she do about being teased?  
3. What did Rosie and her mom decide was going to be the topic of her story?  
4. How did Rosie's class react when she read her story to them? | 1     |
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<th>Summary</th>
<th>Discussion Questions</th>
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<tr>
<td>Sami and the Time of Troubles</td>
<td>Fleide &amp; Gilliland</td>
<td>5th-8th</td>
<td>Sami lives in Beirut, Lebanon during the war years. This story tells of death and loss, finding family and fun in times of fear. Finding a way we can make a difference in bringing about peace.</td>
<td>1. How did Sami's grand father help the family? 2. If you were in a situation like Sami's, what would you do? 3. Have you ever been a peacemaker, for example, helping friends overcome an argument? 4. What can we do to make the world a better, safer place?</td>
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<td>Separate Is Never Equal</td>
<td>Tonatiuh, Duncan</td>
<td>4th-6th</td>
<td>This book takes from 11 to 15 minutes to read. Pre-reading vocabulary: segregate, integrate, separate but equal (Definitions found in back of book.) A powerful, true story, set in 1948 in California, about Sylvia Mendez' struggle for her and her family to attend white public schools.</td>
<td>1. what happened to Sylvia and her two brothers at the beginning of the story? 2. Whenever the question of why couldn't students from Mexico go to their neighborhood schools, what was the answer? 3. what are some hardships that Sylvia and her family experienced? 4. In the end, what happened as a result of the law suit?</td>
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<td>Shalom, Salaam, Peace</td>
<td>Bogot, Howard</td>
<td>K-5th</td>
<td>Read this book back to front, as Hebrew and Arabic texts are read. The author draws from Judaism, Christianity, and Islam to bring the ideal of peace into a concrete reality.</td>
<td>1. Why do you think I read this book from back to front? (Different doesn't necessarily mean &quot;wrong&quot;) 2. What does peace mean or look like to you? 3. When have you ever felt without peace? 4. What are some things you can do to create peace?</td>
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<td>Shapesville</td>
<td>Mills, Andy</td>
<td>PreK-3rd</td>
<td>An uplifting story that shows students that healthy bodies come in all shapes and sizes and that we all should celebrate everyone's unique differences.</td>
<td>Discussion questions are at the end of the book.</td>
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<td>Share and Take Turns</td>
<td>Meiners, Cheri J.</td>
<td>PreK-1st</td>
<td>Presents different ways we share with others. Gives permission for one not to share sometimes. Delightful pictures illustrate the joy of sharing. Questions to ask on back pages.</td>
<td>1. Do you find it fun to play with others? 2. What do you share with others? 3. Are there times when you don't want to share? 4. How can we have our own things and yet share with others?</td>
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| She Persisted                        | Clinton, Chelsea| All Grades | This book is for everyone, boys and girls and men and women, for all of us who have every been told to be quiet, sit down, or your thoughts don't matter. "Persistence is power." Choose one or two short biographies, read the selection, and talk about their obstacles and how each person dealt with them. | 1. What did you learn about this person?  
2. What does persist mean? (to continue to exist, be prolonged, endure)  
   How did this person persist in their life?  
3. How do you persist in your life? What are some examples? |
| Showdown and Pangaea Creek           | Evans, Michael  | 5th-8th | Two outlaws bring all their weapons to town and vow to be the one to survive their duel. When they see the fear in the eyes of all the townsfolk, they find the courage to say no to the violence and no one is hurt. | 1. How do you think the outlaws felt at the beginning?  
2. How did the townsfolk feel?  
3. Why did they decide to put their weapons down?  
4. Do you think it's hard to walk away from a bad situation? Have you ever had to do it? Was it better to walk away or to just let it happen? |
| Six-Dinner Sid                       | Moore, Inga     | 2nd-5th | Sid lives in six homes and gets six dinners each night. When he gets sick, he goes to the vet six times! When all of his families find out and makes sure he only has one dinner a day, he moves to a new street where everyone knows he is a six-dinner cat. | 1. Do you think it was hard for Sid to keep up with six lives?  
2. Why were Sid's first six families mad at him?  
3. What did Sid do differently on his new street?  
4. Do you think Sid learned it's better to tell the truth than to lie? Why is that better? |
| Skin Again                           | hooks, bell [sic]| PreK-2nd | Our skin only tells a small part of our story, knowing others deeply is so much more fun. | 1. What do you think the author is saying to us.  
2. What are some ways we can get to know people?  
3. What does your skin tell about you?  
4. Name two words that describe you? |
| Smoky Night                          | Bunting, Eve    | 6th-8th | When the Los Angeles riots break out in the streets of their neighborhood, a young boy and his mother learn the value of getting along with others no matter what their background or nationality. | 1. 1. Have you ever seen a riot on TV? What started it?  
2. What are some better ways of expressing yourself under those circumstances?  
3. Why did they boy not like Mrs. Kim?  
4. What could you do to get to know someone better? |
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| Snowflake in My Pocket                   | Bright, Rachel          | K-3rd | Inside an old, twisted oak tree, lives a very wise bear, and a very small squirrel. Can a bear and a squirrel be friends? Find out what happens when the season starts to change into winter…. Have you ever tried to put a snowflake in YOUR pocket?..... | 1. How can you tell Bear and Squirrel are friends?  
2. Bear is older than Squirrel. Do you have older friends? What is that like?  
3. Do you have younger friends? What do you like to do together?  
4. What makes a strong friendship?                                                                 | 1     |
| Socrates                                 | Bogaerts, Rascal & Gert | 2nd-4th | An orphaned dog finds a pair of glasses and thereby a friend and a home. | 1. What do you suppose it felt like to be an orphan?  
2. What have you done whenever you have been lonely?                                                                 | 2     |
| Someone New                              | O'Brien, Sibley         | K-3rd | Three elementary students who aren't new, begin to understand and embrace three new immigrant students. | 1. What does being an immigrant mean?  
2. How are Maria, Jin, and Fatimah different from their classmates? How are they the same?  
3. How do you make someone new feel welcome?                                                                 | 1     |
| Sometimes I Feel Like a Mouse: A Book About Feelings | Modesitt, Jeanne       | PreK-1st | The author uses animals and their actions to express feelings that young children can identify with. | 1. How might a particular feeling make you act?  
2. What kinds of feelings have you had today?  
3. What made you feel that way?  
4. How can you tell how someone else is feeling?                                                                 | 1     |
| Somewhere Today A Book of Peace          | Thomas, Shelley Moore   | PreK-3rd | Almost poem-like, the author displays photos of simple ways that anyone, at any age, can make our world a better place - planting trees, teaching someone something new, or giving something away. | 1. Did you do anything to help someone out this week? Describe what you did.  
2. Describe how that made you feel after you have done something for another person.  
3. How do you think the person you helped feels?                                                                 | 1     |
| Spaghetti in a Hot Dog Bun               | Dismondy, Maria         | K-3rd | We are all different people and come from different background and cultures. This story involves Lucy and her grandpa, and it shows the reader how Lucy became proud of herself, even when other kids were mean to her because they did not under her background. | 1. Describe Lucy - What was she like?  
2. What was Ralph like?  
3. What happened between Ralph and Lucy?  
4. How did grandpa help Lucy? And, Did her grandpa's questions help her?                                                                 | 1     |
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| Stand in My Shoes             | Sornson, Bob | 2nd-5th| Empathy is understanding how another person is feeling. Showing empathy helps to develop strong, positive social relationships. This story is about Emily, and how she goes about her day, interacting with people, now that she knows what empathy means. | 1. How did different characters react to Emily's empathy towards them? Her sister Alicia? Her dad? Rosie? Mrs. Fitch?  
2. Think about someone in your life. Have you shown empathy towards them?  
3. Has someone been empathetic toward you? How?                                                                 | 1    |
| Stand Tall, Molly Lou Melon    | Lovell, Patty| K-2nd  | Molly Lou Melon, like all of us, is less than perfect. When Molly Lou moves to a new town and meets a bully at her school, she remembers what her grandma taught her - be strong in the person you are. | 1. What happened when Molly Lou went to her new school?  
2. How did Molly Lou react to Ronald Durkin?  
3. What is the author trying to tell us?                                                                 | 1    |
| Story of a Mouse and a Mousetrap | Unknown     | 5th-8th| A mouse finds a mousetrap in the house and goes to some of the other animals to help him. They all say it doesn’t concern them, but when the farmer’s wife gets sick because of a snake that was caught in the trap, the other animals see that it was more of a problem for them than they originally thought. | 1. Why do all the animals say the mousetrap isn’t their problem?  
2. What would have happened if another animal helped the mouse out?  
3. Even though the mousetrap didn’t affect the cow or the pig right away, it still impacted them later. What do you think could have happened if they would have helped him out in the first place?  
4. Is working together hard sometimes? What can you do when it becomes difficult?                                                                 | 1    |
| Super Manny Stands Up!        | Dipucchio, Kelly | PreK-2nd | After school every day, Manny puts on his cape, becomes a superhero and saves the world from imaginary robots and monsters. Until one day at school, Manny, with the help of his invisible cape, stood up to a bully, and, in doing so, taught the other kids to be brave and stand up for themselves. | 1. How did Manny feel when he put on his superhero cape?  
2. What kind of cape did Manny wear to school? Why?  
3. What was Manny brave enough to do when another student was being mean to his friend?  
4. Have you ever been in a situation like Manny's? Describe what happened.                                                                 | 1    |
| Swimmy                        | Lionni, Leo  | PreK-2nd| A 1964 Caldecott Winner, this is a wonderful tale of one brave fish who teaches his friends how, together with good ideas, they can deal with danger in a different way. | 1. Describe Swimmy: What does he look like?  
What does he like?  
2. What happened to his friend?  
3. How did Swimmy deal with it?  
4. What was his idea?                                                                 | 1    |
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| Take the Time Mindfulness for Kids         | Maud Roegiers   | K-3rd  | A book of wonderful ways for people of all ages, especially kids, to become more self-aware, to calm down, and in the end to feel better.                                                                 | 1. Have you ever had days that felt "topsy-turvey" to you? If so, what did you do to start to feel better?  
2. "To listen to silence," what do you think that means?  
3. One of the author's suggestions was "To heal my hurt feelings." What do you think she means by that?  
4. When you are mindful to someone, what does that look like? | 1    |
| A Tale of Two Beasts                       | Roberton, Fiona | 2nd-5th| This is a story about a little girl that "rescues" a strange beast from the woods….or is it? Hear the little girl's side of the story, and then the wild beast's side of the story. See what happens in the end! | 1. What was the problem? (Each character has their own point of view- what does that mean?)  
2. Has this ever happened to you? You and another person have an opinion/point of view that is different? How do you handle that? Does it become a problem?  
3. Why did the beast come back? Was it really for the hat…or the friendship?  
4. What did the girl learn? | 1    |
| Talk and Work It Out                       | Meiners, Cheri J. | K-5th  | This book will help children learn the process of peaceful conflict resolution. Children learn they can calm themselves, talk about the problem, listen to understand, think of ways to solve it, and then choose the best plan. When a solution isn't possible they can still show respect. | 1. As you reach each page spread ask children to explain what's happening.  
2. Is there someone you often get along with? Why do you enjoy being together? What do you enjoy doing together?  
3. How do you feel when someone really bothers you? Why is it a good idea to try and work things out?  
4. Let's take a slow, deep breath. What are some other ways to calm down? | 1    |
| Teammates                                 | Golenbock, Peter | 3rd-6th| True story of Jackie Robinson's first weeks as a Brooklyn Dodger, discrimination in the 1940s, and Pee Wee Reese's statement to the whole world that "this man is my teammate." | 1. What do you think segregation means?  
2. Why do you think there are laws against it today?  
3. How do you think Jackie Robinson felt when his own fans would scream insults at him because he was black?  
4. Pee Wee Reese took a brave stand. How can you help support a person being unfairly treated or discriminated against? | 1    |
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<td>Teeth Are Not For Biting</td>
<td>Verdick, Elizabeth</td>
<td>PreK-1st</td>
<td>Pictures and words describe how teeth are used and how biting hurts others.</td>
<td>1. How do you use your teeth? 2. Have you ever been bitten? How did it happen and how did it feel? 3. Have you ever bitten another person? What happened next? Did you get in trouble?</td>
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<td>Terrible Things</td>
<td>Bunting, Eve</td>
<td>3rd-4th</td>
<td>An allegory of the Holocaust. Little Rabbit experiences apathy as each type of creature gets &quot;taken away&quot; by the &quot;Terrible Things.&quot;</td>
<td>1. What are some of the words that describe how the animals felt when the other animals were being taken away? 2. Why didn't the creatures stand up for one another? 3. Have you ever stood up for what you thought was right? What happened? 4. Is it easier to stand up for something alone or with others? Why?</td>
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<td>The Bedspread</td>
<td>Fair, Sylvia</td>
<td>2nd-5th</td>
<td>Two bedridden ladies sleeping at opposite ends of a very long bed begin to sew a quilt, each doing it in their own way.</td>
<td>1. Why do you think the sisters became better friends by the end of the story? 2. Can people remember things in different ways? 3. Is there more than one way to solve a problem? Can you give me an example? 4. If you are bored, what are some things you can do to break your boredom?</td>
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<td>The Berenstain Bears and the Trouble with Friends</td>
<td>Berenstain, Stan &amp; Jan</td>
<td>PreK-1st</td>
<td>When making friends, sometimes you need to compromise and consider each other's needs.</td>
<td>1. Do you always get along with your friends? 2. What do you do when you get upset with a friend? 3. What are some ways you can compromise?</td>
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<td>The Blind Man and the Hunter</td>
<td>A West African Tale</td>
<td>5th-8th</td>
<td>A blind man wants to go out into the woods with a hunter, but the hunter keeps saying no. After he finally says yes, the blind man helps him learn a lesson or two about tolerance and acceptance of those around us.</td>
<td>1. What does the blind man mean when he says, &quot;I see with my ears&quot;? 2. How do you think the blind man felt when the hunter said he was no use? 3. What does it mean that the blind man &quot;hears with his heart&quot;? 4. Tolerance means accepting someone who is different. What are some ways to show people we accept them?</td>
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<td>The Boat</td>
<td>Ward, Helen &amp; Andrew, Ian</td>
<td>4th-5th</td>
<td>On a hill among hills, an old man lives with a strange collection of animals. Mutual fear and distrust keep the nearby villagers and the old man apart. One terrible, stormy night floodwaters threaten to engulf the little hill. It seems the man and his menagerie are doomed. Until a boat appears.</td>
<td>1. Why are the old man and the villagers fearful of one another? 2. Have you ever been unsure about someone in your community? How did that shape the way you treated them? 3. Why do you think the boy decided to help the old man? 4. Were you surprised by the way any of the characters behaved? Who and why?</td>
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<td>The Boy and the Bindi</td>
<td>Shraya, Vivek</td>
<td>K-2nd</td>
<td>When a young Indian boy is fascinated by his mother's bindi, the red dot often worn by women, his mother teaches him about its meaning and significance.</td>
<td>1. How did the Indian boy's mother respond when he asked her about her bindi? 2. What do you think is the meaning of a bindi?</td>
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<td>The Bully Blocker's Club</td>
<td>Bateman, Teresa</td>
<td>2nd-5th</td>
<td>A story about possible strategies to help deal with a bully, and, in the end, the idea that getting together with others to face the bully can be effective too.</td>
<td>1. What were some ideas that Lotty tried when she was being bullied? 2. What is a bully? In other words, what was Grant like? 3. What strategy works best at the end of the story? 4. At the end of the book, there is an excellent informative section about bullying behaviors.</td>
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<td>The Butter Battle Book</td>
<td>Dr. Seuss</td>
<td>3rd-5th</td>
<td>The Zooks and the Yooks are enemies because of the way they butter their bread. The fight escalates to a dangerous point.</td>
<td>1. What would happen if the last weapon were used? 2. How different were they from each other? 3. If you were in charge, what would you do?</td>
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<td>The Christmas Menorahs</td>
<td>Cohn, Janice</td>
<td>4th-5th</td>
<td>Note: This book is almost too long for a reading session. You may want to ask questions while reading, rather than waiting until the end. When the town of Billings, Montana gets hit with hatred against Jewish people, the whole town gets involved in supporting those who were targeted. It recalls the story of King Christian and the Danes who protected the Jews against the Nazis and also tells the story of the Menorah and what it represents.</td>
<td>1. What does hatred look like? 2. What does hatred feel like? 3. Do you know someone who has been picked on because they're different? 4. Why is it important for you to stand up for people who are being discriminated against?</td>
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| The Colors of Us              | Katz, Karen | PreK-1st    | Lena, with the help of her mother who is an artist, learns that there are endless shades of skin color, as she observes members of her neighborhood. And, most importantly, all of the shades are beautiful.                                                                                                                                           | 1. How many shades of brown does this book describe?  
2. Which character in the story has skin color close to the color of yours?  
3. How many shades of skin do you see in our reading group?                                                                                                           |      |
| The Day The Crayons Quit      | Daywalt, Drew | 2nd-4th    | Poor Duncan just wants to color. But when he opens his box of crayons, he finds letters, all saying that his crayons want to quit! Read on to find out why, and think about what Duncan can do to solve this problem.                                                                                                                             | 1. What were the crayons unhappy about?  
2. Which crayon colors do you use a lot?  
3. Would you try to solve the problem like Duncan did? What could you do?  
4. What if crayons were people. Would you play with the same people all of the time, the same way? How would it feel to play with new people, and do different activities? Have you? Tell us about it. |      |
| The Empty Pot                 | Demi        | K-5th       | Ping loves to grow flowers and wants to grow the grandest flower in the land for the Emperor. The emperor secretly gives Ping fake seeds to plant. The flower does not grow and Ping has to tell the truth.                                                                                                                                   | 1. Have you ever felt discouraged when attempting to do something?  
2. What do you think Ping was thinking when her flowers wouldn’t grow?  
3. How difficult was it to tell the Emperor the sad news?  
4. How did courage and honesty help?                                                                                                                                         |      |
| The Family Book               | Parr, Todd  | PreK-1st    | Represents a variety of families, some big, some small, some with one parent, some with two moms or dads...but all alike in some ways and special no matter what                                                                                                                                                                                                 | 1. Do any of you have family far away? Where?  
2. How do you keep in touch with family far away?  
3. What makes your family special?  
4. What are some things that families do together?                                                                                                                                                                                      |      |
| The Gossip                    | Lane, Marcia | 5th-8th    | A villager who likes to gossip realizes that once a rumor has been started it is practically impossible to take back.                                                                                                                                                                                                                                                                   | 1. Have you ever spread rumors about others? Have you had a rumor spread about you? How did it feel?  
2. How can you help stop rumors from spreading?  
3. When you hear rumors, what can you do about it? If you’re not sure what the truth is, what could or should you do?                                                                                                                 |      |
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| The Grouchy Ladybug                  | Carle, Eric    | K-3rd | The grouchy ladybug begins her day wanting to fight for the aphids on a leaf with a friendly ladybug. “Oh, you’re not big enough for me to fight.” And thus begins the grouchy ladybug’s day of finding someone “big enough” to fight. But suddenly she finds herself right back where she started, and grateful for it. | 1. How does it make you feel when you are around someone who is grouchy?  
2. Why did the grouchy ladybug tell the huge creatures that they weren’t “big enough to fight”?  
3. How do you think the grouchy ladybug felt when she ended up at the same place she started?  
4. What are some things you do to get out of a grouchy mood?                                                      | 1   |
| The Hermit and the Children          | Tobin, Susan   | 5th-8th | A group of children try to outsmart a wise old hermit who lives in the woods. He catches on to their trick, and makes them rethink their plans to try to trick him.                                                       |                                                                                                                                             | 1   |
| The Invisible Boy                    | Trudy Ludwig   | 3rd   | Brian, a quiet little boy, is not usually noticed by other people or included in their groups. But when a new boy, Justin, arrives in Brian's class, Brian went out of his way to welcome Justin. Little did Brian know, this was the beginning of a new friendship. | 1. What are some ways Brian felt invisible?  
2. Did Madison and her friends try to hurt Brian? What might they have done differently?  
3. How did Brian welcome Justin?  
4. How did Justin help Brian become visible?  
5. Have you ever felt invisible? What might have helped you feel more at ease?                                   | 1   |
| The Juice Box Bully                  | Sorenson, Bob and Dismondy, Maria | 1st-4th | Pete is the new kid at school, and, as the story unfolds, he is also acting like a bully. But the other students react to Pete much differently than expected. They are kind and accepting and want Pete to join them. | 1. On the first page after the end of the story, you might read the paragraphs at the top of the page and then The Promise. Ask the students what they think about this?  
2. What is the difference between a bystander and a person who stands up in a bullying situation? | 1   |
| The Knight and the Dragon            | DePaola, Tomie | K-5th | A knight and a dragon have never fought before. They each practice and prepare for the fight. Wonderful illustrations of the ridiculousness of the fight.                                                                 | 1. What was the reason for the fight?  
2. I wonder what each was thinking about the other during their practice.  
3. Do you think it was easy to give up the fight?  
4. What are some other things you can do instead of fighting?                                                      | 4   |
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| The Librarian of Basra       | Winter, Jeanette        | 1st-5th | A true story. Alia is the librarian in Basra, Iraq. Her library is a wonderful place where her community can read, at least until the war came. Because Alia thought the library might be destroyed, she took the responsibility of taking all 30,000 books to her home and other peoples homes. | 1. What was the war like in Basra and how did it effect their community?  
2. Why was Alia worried about her books?  
3. Predict what you think happened after the end of this story. It may help to reread the last page again. | 1    |
| The Name Jar                  | Choi, Yangsook          | 1st-6th | Unhei, a young girl who just moved with her family from Korea to America, is worried about the students at her new school being able to pronounce her name. This actually happens, so read on to learn about how Unhei and her new friends creatively solve this situation and, at the same time, learn how to accept each other's differences as well. | 1. What are some things Unhei is nervous about at her new school?  
2. Explain the title of the book, The Name Jar.  
3. When you see someone new in your school or neighborhood, what can you do to help them feel more accepted? | 1    |
| The Peace Book                | Parr, Todd              | PreK-1st | There are lots of different kinds of peace. Open this book and see. Brightly illustrated.                                                                                                               | 1. Did you ever think peace could mean so many different things?  
2. Can you add other ideas of peace?                                                                 | 2    |
| The Pigs Picnic               | Kasza, Keiko            | PreK-3rd | Mr. Pig realizes that it is best to be himself rather than try to be someone else.                                                                                                                     | 1. Why do you think Mr. Pig wanted to impress Miss Pig?  
2. What would you do to impress someone?  
3. Why did Mr. Pig's animal friends want to change Mr. Pig?  
4. What lessons did Mr. Pig learn? | 1    |
| The Prize                     | Jones Cecil, Meridee    | 5th-8th | Two rivals entered in the same dogsled race really want to win. When one of their lead dogs is hurt, he almost considers making him continue so he can win. He soon realizes that the friendship between him and his dog is more important than first place. | 1. What does friendship mean to you?  
2. How do you feel about winning? Is it always the most important thing?  
3. How do you think the boy felt when Kenai was hurt? What would you do? | 1    |
| The Promise                   | Davies, Nicola          | 3rd plus | A heartwarming story about the love of nature and the people who decide to change their lives because of it.                                                                                                  | 1. Can you tell the story in your own words?  
2. What do you think the message of this story is?  
3. Have you ever seen people planting in your community? If so, how does this make you feel? | 2    |
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<td>The Rainbow Fish</td>
<td>Pfister, Marcus</td>
<td>K-1st</td>
<td>The fish discovers that his loneliness can be changed into friendliness when he shares his scales.</td>
<td>1. What do you think it felt like to be so alone? 2. Was it easy or hard to ask for a scale? Why? 3. Why do you think it was so hard to give up the first scale?</td>
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<td>The Recess Queen</td>
<td>O'Neill, Alexis</td>
<td>K-3rd</td>
<td>Mean Jean was queen of recess and no one dared to do anything before she did it first until one day, there was a new kid in town, Katie Sue, who didn't know the rules. Katie Sue did what she wanted, when she wanted during recess. Mean Jean didn't like this at first, until Katie Sue asked Mean Jean to play with her, and that eventually changed Mean Jean to just Jean.</td>
<td>1. What was Mean Jean like? 2. What was Katie Sue like? 3. What made Mean Jean change her ways during recess? 4. Why do you think Mean Jean started to be nice to the other kids?</td>
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<td>The Sandwich Swap</td>
<td>Rania, Queen</td>
<td>K-4th</td>
<td>As student's read about best friends, Salma and Lily, they learn that when we take time to know each other, we all become better people.</td>
<td>1. What activities did Salma and Lily do with each other? 2. What caused the disagreement with each other? 3. How did they resolve their problem? 4. Have you ever experienced a similar happening in your life?</td>
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<td>The Secret of the Peaceful Warrior</td>
<td>Millman, Dan</td>
<td>5th-8th</td>
<td>Danny Morgan meets a boy who uses bullying to frighten him on his first day of school. An old man named Socrates helps Danny deal with his fear and teaches him courage, love, and the path of the peaceful warrior.</td>
<td>1. Share a personal story about bullying. 2. How does Joy's friendship help? 3. When has fear prevented you from doing something you wanted to do? 4. What is empathy and how is it expressed in this story?</td>
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<td>The Skin You Live In</td>
<td>Tyler, Michael</td>
<td>PreK-3rd</td>
<td>In poetry format, this book explains how skin color is just one part of who we are.</td>
<td>1. On the inside cover of this book, there are many different colored circles. What do you think they mean? 2. How would you describe your skin color? 3. What do you think the author is trying to tell us through his book?</td>
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<td>The Sneetches</td>
<td>Dr. Seuss</td>
<td>K-5th</td>
<td>The Starbellies and those without stars on their bellies have a big contest to see who is the best.</td>
<td>1. Why didn't they want to be like the others? 2. How do we tell people apart? 3. What makes people different? 4. When are differences sometimes helpful?</td>
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| The Story of Ferdinand                                      | Leaf, Munro       | 2nd-3rd | Ferdinand is not like all the other bulls in Spain, but a quirk accident sends him to the bullring. And being the peaceful bull he is, Ferdinand won't fight. | 1. Is it hard or easy to be different from everyone else?  
2. What makes it difficult to be different from everyone else?  
3. What made the men think Ferdinand would be a good fighting bull?  
4. What do you think Ferdinand was thinking or feeling when he was taken to the bullring?                                                                  | 2          |
| The Story of Ruby Bridges                                  | Coles, Robert     | 4th-5th | True story of Ruby who helped bring about racial integration in the South. | 1. What made Ruby so brave?                                                                                                                                                                                                                                       | 1          |
| The Three Questions                                        | Muth, Jon J.      | 2nd-5th | Profound yet simple book about compassion and living in the moment. Young Nicoli seeks counsel from Leo the turtle and wants him to answer three questions:  
1) When is the best time to do things?  
2) Who is the most important one?  
3) What is the right thing to do?  
Based on a story by Leo Tolstoy. | 1. What is the most important time?  
2. Who is the most important one?  
3. What is the most important thing to do?  
4. Do you believe grandparents have lots of wisdom? Why or why not?                                                                                                                                  | 2          |
| The Wild Christmas Reindeer                                | Brett, Jan        | K-5th  | Young Teeka is in charge of getting Santa’s reindeer ready for Christmas. Her frustration leads her to treating the reindeer poorly. When she realizes she has been pretty mean to them, she promises to treat them better. Not just for Christmas reading. | 1. How would you feel if you were in charge of Santa’s reindeer?  
2. At first, how was Teeka treating the reindeer?  
3. Why do you think she was treating them that way?  
4. What helped to make the reindeer cooperate with Teeka?                                                                                                                                            | 1          |
| Today Was a Terrible Day                                   | Giff, Patricia Reilly | K-5th | 2nd grader Ronald Morgan is having a terrible day at school. Everything he does is wrong. But then his teacher writes him a note and turns a bad day around.                   | 1. Did you ever have a bad day like Ronald? What happened?  
2. How do you suppose Ronald felt in class when his teacher pointed out his mistakes?  
3. What are some ways you can turn around your day if you are having a bad day?                                                                                                                                 | 2          |
| Two Mrs. Gibsons                                           | Igus, Toyomi       | K-5th | A young girl has two strong women in her life - her mother and grandmother. They are different from one another but each affects and enriches her life.                  | 1. What differences do you see in these two women?  
2. How are people different in your family?  
3. What do people in your family have in common?  
4. How can differences bring joy and happiness?                                                                                                                                                    | 2          |
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<th>Title</th>
<th>Author</th>
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| Walter Was Worried     | Seeger, Laura Vaccaro | PreK-1st | Children’s faces, depicted with letters of the alphabet, react to the onset of a storm and its aftermath in this picture book. | 1. What letter of the alphabet does your name start with?  
2. Can you think of a feeling that starts with the same sound?  
3. Help me find all the letters on the faces that spell out these feelings. | 4         |
| Wanda's Roses          | Brisson, Pat          | 2nd-4th | A little girl, a vacant lot, a "rose" bush, what can happen when a caring community comes together? | 1. Describe what Wanda found in the vacant lot?  
2. What did she think it was? What did the other adults in her community think it was?  
3. What happened when Wanda invited her friends to the vacant lot for tea?  
4. What do you think the message of this story is? | 1         |
| Wangari's Trees of Peace | Winter, Jeanette     | 5th-8th | Wangari lives in the forest of Kenya and learns of the richness this environment provides. After receiving her education in the USA, she returns to find a depleted land. She starts a movement to reforest Africa, overcome government opposition, and wins the Nobel Peace Prize. | 1. Has Wangari helped to make her world a better place?  
2. How did Wangari fight for what she believed in?  
3. Are there people in your school who act as peacemakers? How do they do this? Why do you think it was important for Wangari to protect the forest? | 2         |
| The Way I Feel         | Cain, Janan           | K-5th | This is a rhyming book on feelings. Each page deals with different feelings with great artwork. Helps children give language to their emotions. | 1. What circumstances make you feel happy, sad, and so on?  
2. How can you ask for help with your feelings?  
3. How can you change your feelings? | 2         |
| We Are Best Friends    | Aliki                 | 1st-3rd | Two boys, best friends, one moves, but both boys are lonely, each boy learns that sometimes reaching out to others is a good way to get through change and being apart. | 1. How did Robert feel after Peter moved away?  
2. How did Peter feel?  
3. What did Peter's letter say? How did that make Robert feel?  
4. What did both boys do that helped them be happier without being close to each other?  
4. Were Robert and Peter still best friends?  
5. Has something like this every happened to you? Describe your situation. | 1         |
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| We Can Work It Out                                        | Polland, Barbara K. | K-5th          | Explores conflict resolution for children. It presents different behaviors that occur during conflict and options for dealing with them.                                                                 | 1. What does conflict mean to you?  
2. Do you ever have conflicts with other people? How so?  
3. Has anyone ever been upset with you?  
4. How did it make you feel?                                                                 | 2    |
| Weird                                                      | Frankel, Erin     | 1st-3rd        | Luisa loves to laugh with her friends, answer questions in class, and wear clothes that she likes to wear. But, Sam, another girl at her school, teases Luisa about everything. But, with the help of people in her life, Luisa learned how to deal with put-downs and be proud of who she is. | Starting on Page 39, there are several good discussion questions.                                       | 1    |
| What Do You Do With A Problem?                             | Yamada, Kobi      | All Grades     | A story good for all ages to hear - what to do when a problem arises? Ignore it, run away from it, hide from it, worry about it, or face the problem and possibly learn and grow from it? | 1. How did the main character handle the problem at first?  
2. Can you think of a time when you had a problem? How did you deal with it?  
3. Did you learn something from dealing with your problem? Did you discover anything about yourself? | 1    |
| What Does It Mean To Be Global                              | DiOrio, Rana      | PreK-4th       | This introduces students to the meaning of Global, learning more about being a citizen of the world, starting to explore other cultures, and encouraging all of us to use compassion and understanding to become members of a global community. | 1. What does global mean to you?  
2. Diversity in people - What do you think this means?  
3. Go to the page that defines these words: community, culture, etc. Read the definitions and discuss what this means to the students? | 1    |
| What Does Peace Feel Like?                                 | Randunsky, V. et al | PreK-3rd       | This book describes the way peace feels, looks, smells, tastes, and sounds from the point of view of children around the world.                                                                            | 1. What does the word “peace” mean to you?  
2. What things make you feel peaceful?  
3. What things keep you from feeling peaceful?  
4. How can you share peace with other people?                                      | 2    |
<p>| What was the Underground Railroad?                         | McDonough, Yona Zeldis | 3rd-6th        | This is a series of ten informative chapters about the Underground Railroad. You might ask as the student what they know about the Underground Railroad and them choose one of two chapters according to their knowledge. | After reading each chapter, you can ask questions to see if they comprehended the information. | 1    |</p>
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<th>Summary</th>
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<tbody>
<tr>
<td>When Emily Woke Up Angry</td>
<td>Duncan, Riana</td>
<td>K-5th</td>
<td>Emily encounters many animals who suggest how to get rid of her anger. It finally works.</td>
<td>1. How many ideas can you remember that Emily tried? 2. What have you tried when you were angry? 3. Did it work?</td>
<td>2</td>
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<td>When I Feel Good about Myself</td>
<td>Spellman, Cornelia</td>
<td>PreK</td>
<td>In simple language, the author shows children how to identify and handle emotions, along with teaching them to accept themselves as they are.</td>
<td>1. When do you feel good about yourself? 2. Turn to any page, read and show any picture, and ask students what is happening in the picture. Have you ever done anything like this?</td>
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<td>When Sophie Gets Angry - Really, Really Angry</td>
<td>Bang, Molly</td>
<td>PreK-1st</td>
<td>Sophie is a little girl who really explodes when she gets angry. She yells, shouts, and then she runs away as fast as she can. After she has run a while, she slows down and cools off in nature before returning home.</td>
<td>1. What made Sophie so angry? 2. What makes you angry and how do you show it? 3. How can you cool down when you do get angry? 4. What do you do when you see someone get really angry?</td>
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<td>When Sophie's Feelings are Really, Really Hurt</td>
<td>Bang, Molly</td>
<td>K-3rd</td>
<td>Sophia painted a picture of a beautiful tree, but the other kids made fun of it, which made Sophie feel sad and embarrassed. This story shows kids how to respect their differences in a kind, thoughtful way.</td>
<td>1. What colors did Sophie use in her painting of her tree? Why did she choose those colors? 2. Describe her friends' feelings about Sophie's painting. 3. What did Ms. Mulry say about all the paintings?</td>
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<td>Why Frog and Snake Never Play Together</td>
<td>African Folktale</td>
<td>5th-8th</td>
<td>Frog-child and Snake-child befriend one another and have a fun time playing together. When their parents say they can’t play together anymore, they feel sad and miss their friendship.</td>
<td>1. Why do you think their parents didn’t want them playing together? 2. How did they feel when they couldn’t be friends anymore? 3. What can they do about missing their friendship? What can they do if they want to be friends again?</td>
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<td>Willow Finds a Way</td>
<td>Button, Lana</td>
<td>K-2nd</td>
<td>Willow, even though she is shy and quiet, learns to find a way to stand up for herself to Kristabelle, the class boss. And, because of this, Willow becomes a role model for the other students in class.</td>
<td>1. Describe Willow. Describe Kristabelle. 2. Who was the first person to stand up to Kristabelle? 3. After Kristabelle apologized to the class, how did Willow treat Kristabelle? 4. Have you ever felt like Willow? Have you ever felt like Kristabelle?</td>
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| Willow Whispers                | Button, Lana    | PreK-3rd  | Willow’s voice is very soft. She wishes her words would come out strong and loud so that everyone would notice her. When Willow’s magic microphone doesn’t work, she finds a way to make herself heard.                                                                                                                                                   | 1. What does it mean to be shy?  
2. Does Willow really need her magic microphone to be heard by her friends and teachers?  
3. What happens after her microphone breaks?                                                                                           |      |
| Wilma Jean the Worry Machine   | Julia Cook      | 2nd-5th   | Anxiety - We can all identify with fear, worry, and being apprehensive now and then. Wilma Jean takes us through a few of her worries, and then discovers she is not alone and can enlist adults in her life to help her address these issues in fun and creative ways.                                                                 | 1. What are a few of Wilma Jean's worries?  
2. How were these worries affecting Wilma Jean? How did she feel when she woke up?  
3. Who helped Wilma Jean worry less? How did these people help her worry less?  
4. What are some worries you have? What are some ideas that might help you worry less?                                               |      |
| Women of Hope                  | Hansen, Joyce   | 4th-Adult | This is a series of 12 biographies of powerful women of color who have accomplished so much, even with the challenges of racial and gender discrimination. They are short, one-page biographies that deal with their upbringing, their challenges and their amazing contributions to our world.                     |                                                                                                                                                                                                          |      |
| Words Are Not For Hurting      | Verdick, Elizabeth | PreK-1st  | Discusses how we use words, how hurtful words can be to others, and what we can do to prevent using hurtful language.                                                                                                                                                                                                                | 1. Why is the girl crying?  
2. How do you think she feels?  
3. What does it mean to “use our words”?                                                                                                      |      |
| Zero                           | Otoshi, Kathryn | PreK+     | Zero doesn’t feel like she has anything to offer other people, she thinks of herself as big round and empty. She envies the other numbers because they all seem to have a purpose, value and substance. With the help of her friends, Zero learned to look at herself in a different way and realized that she was valuable too. | 1. At the beginning of the story, how did Zero see herself?  
2. What did she try to do to become valuable?  
3. What did Zero learn in this book about herself?  
4. How does this story related to your life?                                                                                                 |      |
| Zoo Looking                    | Fox, Mem        | K-1st     | Flora and her Dad have a fun time at the zoo.                                                                                                                                                                                                                                                                                        | 1. What makes a fun day for you?  
2. Who do you like to be with when you’re having fun?                                                                                                                                             |      |
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<th>Author</th>
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<th>Description</th>
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| ZOOM                         | Banyai, Istvan     | 4th & up  | With no words, just pictures, this book is a series of pictures within a picture, from a farm to a bus to a plane to the planet earth! | 1. What is this book about?  
2. What do you think the author is trying to tell us in his book?  
3. If you were to draw one more page at the end of ZOOM, what do you think it would be? Why? | 2    |
| Alexander y el Dia Terrible, Horrible, Espantoso, Horroroso | Viorst, Judith    | K-4th    | Un día cuando todo esta mal para el, Alexander realiza que otra gente tiene días malas también. | 1. A veces pasan cosas que no nos gusta. Cuando estas cosas paso a Alexander, ¿cuáles sentimientos tenia?  
2. Cuando ves que alguien esta enojado o triste, ¿crees que podría estar teniendo un día mal? ¿Cómo pueden ayudarles?  
3. ¿Qué debe hacer a Alexander la próxima día para tener un día mejor? | 2    |
| **SPANISH LANGUAGE BOOKS**   |                    |           |                                                                             |                                                                                                                                                                                                     |      |
| El Arbol Generoso            | Silverstein, Shel  | PreK-3rd  | Un árbol y un niño desarrollan una amistad. El árbol le encanta dar al niño hasta que parece no tiene nada más para dar. | 1. ¿Por qué estaban el árbol y el niño tan felices juntos? ¿Qué te hace feliz?  
2. ¿Cómo cambiaron los sentimientos del árbol cuando creció el niño y se convirtió en hombre?  
3. ¿Qué es una sorpresa en esta historia? ¿Cómo creías que iba a terminar? | 1    |
| La Luna Se Fue De Fiesta     | Gollub, Matthew    | 2nd-4th  | La luna está celosa del sol y decide crear su propia fiesta. Se celebra un poco demasiado. | 1. ¿Qué quiere la luna? ¿Crees que es un problema?  
2. ¿Cuáles son unas maneras que la luna puede crear soluciones?  
3. ¿Cómo trabaja la luna como parte de grupo? ¿Le pide ayuda suficiente? | 1    |
<table>
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<tr>
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<th>Autor</th>
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<th>Resumen</th>
<th>Preguntas</th>
<th>Respuesta</th>
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<tr>
<td>La Mariquita Malhumorada</td>
<td>Carle, Eric</td>
<td>K-2nd</td>
<td>Dos mariquitas que tienen hambre encuentran una hoja llena de aftos para comer. Una sugiere compartir y la otra es tan enojada para hacerlo. Él prefiere pelear. No está seguro, y se va para buscar alguien con quien puede pelear. Regresa a la hoja muy cansado y encuentra que algunos aftos y la otra mariquita siguen ahí.</td>
<td>1. ¿Qué es la idea de la mariquita amistoso? ¿Por qué no se queda la mariquita malhumorada? 2. Si la mariquita malhumorada no quería pelear, ¿podía tener más amigos aunque estaban más grandes que ella? 3. La mariquita malhumorada tenía mucha suerte al final de la historia. ¿Por qué? ¿Quién dio las gracias al final?</td>
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<tr>
<td>La Mariquita Perezosa</td>
<td>Finn, Isolbel</td>
<td>PreK-1st</td>
<td>La mariquita perezosa no ha aprendido a volar porque prefiere dormir. No puede encontrar un lugar para dormir hasta que vuela.</td>
<td>1. ¿Vuelen las mariquitas? ¿Por qué no vuela esta mariquita? 2. ¿Qué le gusta hacer a mariquita? ¿Por qué queda despierta por tanto tiempo? 3. ¿Creen que es buena cosa que estornudo el elefante? 4. ¿Qué piensan que hice mariquita después de todo eso?</td>
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<td>Modales</td>
<td>Aliki</td>
<td>PreK-2nd</td>
<td>Historias de uno o dos páginas que enfocen en un sentimiento en particular.</td>
<td>1. ¿Qué son unos modales que usan ustedes? 2. ¿Ustedes se dieron cuenta de que paso cuando alguien no usó los modales? ¿Cómo sintieron los otros? 3. ¿Quién nos ayuda a aprender los modales?</td>
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<td>La Senorita Nelso Ha Desaparecido!</td>
<td>Allard, Harry</td>
<td>1st-3rd</td>
<td>Algunos estudiantes descubren una sorpresa cuando desaparece su maestra. Cuando regresa, los estudiantes han cambiado.</td>
<td>1. ¿Qué paso realmente con la maestra? 2. ¿Cómo actúan los niños antes? ¿Después? 3. ¿Crees que Mrs. Pantano regresa? ¿Qué aprendieron sobre los modales?</td>
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<tr>
<td>Vegetal Como Eres?</td>
<td>Freyman, Saxton</td>
<td>K-5th</td>
<td>Arte de escultura increíble en este libro con los productos tallados para mostrar un sentimiento o disposición de ánimo.</td>
<td>1. Hay buenas preguntas en el libro o permite que los niños guíen la discusión.</td>
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<tr>
<td>DUAL LANGUAGE BOOKS</td>
<td>Author(s)</td>
<td>Grade</td>
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<td>Key Questions</td>
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<td>All the Colors We Are</td>
<td>Kissinger, Katie</td>
<td>PreK-3rd</td>
<td>In her book containing beautiful photographs showing the endless shades of skin color, the author offers an excellent scientific explanation of this natural phenomenon.</td>
<td>1. Can you match your skin color with one of the colors in the boxes on each page? 2. How do we get our skin color? 3. What is melanin? Does everyone have this in their skin? 4. Where did your ancestors live? How would that affect your skin color? If you don't know, you might ask some of your older relatives, like grandparents or aunts or uncles.</td>
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<td>Armando and the Blue Tarp School</td>
<td>Fine, Edith Hope &amp; Josephsno, Judith Pinkerton</td>
<td>4th-8th</td>
<td>Armando is a young boy living in Mexico. He and his father are <em>pepenadores</em>, and they dig through the trash to find things they can use to make money. Señor David sets up his blue tarp in the neighborhood and teaches the children. When a fire sweeps through, a new school is built where Armando and all his friends can go to learn.</td>
<td>1. How is Señor David’s school different from yours? What do you think about it? 2. How do you think Armando felt when he couldn’t go to school? What about when his parents said he could go? 3. How do you think you can help others who are less fortunate? 4. What have you done to help others? Do you think it made them feel happy?</td>
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<tr>
<td>Cool Down and Work Through Anger / Calmate y supena la ira</td>
<td>Meiners, Chen J.</td>
<td>PreK-1st</td>
<td>Some good strategies for children to understand their anger, process their anger, and resolve their anger.</td>
<td>Please refer to Page 32 through 35 for discussion questions and activities to reinforce these anger management ideas.</td>
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<td>For Every Child, A Better World</td>
<td>Kermit the Frog in conjunction with the United Nations</td>
<td>PreK-2nd</td>
<td>Kermit the Frog introduces the reader to children around the world who are lacking their basic rights of housing, food, water, and medical help.</td>
<td>1. Can you name one basic need every child has? 2. Pick one of these common needs and explain how each of us could help someone who doesn't have that in their life?</td>
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<td>Author(s)</td>
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| Friends from the Other Side                | Anzaldúa, Gloria           | 3rd-6th     | Prietita befriends a Mexican who comes to her Texas town in search of wood for his family. She offers him friendship and help. | 1. Was it hard for Prietita to show friendship with her friends?  
2. Have you ever had a friend that others made fun of?  
3. What did you do?                                                                                           | 1     |
| I Wish I Was Strong Like Manuel (Quisiera ser fuerte como Manuel) | Heling, Kathryn            | PreK-2nd    | Manuel and Willie are best friends, each with their strength and each with their distinct qualities. They are both learning how to appreciate how they are different. | 1. What was Willie like? What was Manuel like?  
2. What is a strength of your?  
3. What are some strengths that you admire in your friend?                                                                 | 1     |
| My Colors, My World (Mis Colores, Mi Mundo) | González, Maya Christina   | PreK-1st    | Maya finds all kinds of colors in her world.                                                      | 1. What kinds of colors can you find in your world?  
2. What are your favorite colors? Where do you see those colors in your world?                                  | 1     |
| My Papa Diego and Me (Mi papa Diego y Yo)   | Marin, Guadalupe Rivera    | 5th-8th     | Guadalupe talks about some of the memories that are preserved in some of the paintings done by her father, the late Diego Rivera. | Don’t feel like you have to get through the whole book. You can take the time after each page or story to discuss what the picture shows and what it makes students think of. | 1     |
| My Very Own Room (Mi Propio Cuartito)      | Pérez, Amada Irma          | 2nd-4th     | Six children in one family share a single bedroom, and the only girl decides the only thing she needs is a little space to herself. With the help of her family, she creates a space in the house to call her own. | 1. Why did the girl want a room to herself?  
2. Do you think it was hard for the family to help her make her own space?  
3. Everyone in the family worked together to help make the room. What are some things you can do together with your family? | 1     |
| The Other Bears (Otros Osos)                | Thompson, Michael          | PreK-2nd    | It all begins with a Koala bear family. Mother and Father like Koala bears but are suspicious and untrusting of other kinds of bears because they are different. After the little Koala bears play with other kinds of bears, Mother and Father realize that they are more like the other bears than they are different. | 1. How did Mother and Father feel about Panda bears? About Polar bears?  
2. What were Mother and Father's feelings about the other bears at the end of the story?  
3. What happened that changed their feelings?                                                                 | 1     |
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| Play Lady                                                           | Hoffman, Eric                 | 3rd-5th     | A neighbor the kids call Play Lady is a good friend in many ways. One day, some people wrote mean things on the Play Lady’s house and broke many of her things. The children in the neighborhood wanted to do something to help, and surprised Play Lady. | 1. Why do you think Play Lady got along well with others? What did she do to show she cared?  
2. What are some feelings you noticed in the story? Who showed those feelings?  
3. Why do you think someone would wreck Play Lady’s yard? How would you help someone who is sad? | 1        |
| The Woman who Outshone the Sun (La Mujer que Brillaba aun mas que el Sol) | Martinez, Alejandro Cruz      | 5th-8th     | Lucia Zenteno is a beautiful woman, and some say she shines brighter than the sun. Some people don’t like her, and are cruel to her. When she leaves the village and the river leaves with her, they realize how much is missing. They apologize, hoping she will forgive them and return to the village. | 1. Why did some people not like Lucia?  
2. How do you think she felt when she left?  
3. Why did things turn so dry and sad when she was gone?  
4. What does it feel like when people say mean things to others? How does it make them feel to know they hurt someone else’s feelings?  
5. What can you do to help someone feel better when people are mean? | 1        |
| You Be You / Siempre Tu                                            | Kranz, Linda                  | PreK-2nd    | Everyone is different, that is what makes life so interesting. Celebrate our differences!                                                                                                                                                                                                                                                | 1. What are some things Adri learned on his journey in the ocean?  
2. What did Papa say to Adri when he arrived home?  
3. On the inside cover of this book, there are some sayings that might spark a good discussion with the students. | 1        |
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<th>Book Title</th>
<th>Author</th>
<th>Grade Level</th>
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<tr>
<td>I Walk With Vanessa</td>
<td>Kerascoet</td>
<td>All Grades</td>
<td>A powerful book without words but full of positive, caring, and empathetic actions. What one girl did that helped to inspire a whole community to stand against bullying.</td>
<td>1. After showing the book the first time, go through each page and ask students to narrate in their own words.</td>
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<td>2. Who is the bully? Describe that person, how do you think he feels?</td>
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<td>3. Vanessa - Identify her feelings throughout the book.</td>
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<td>4. Who helped Vanessa? What did she observe? What did she do?</td>
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<td>5. Have you ever felt like Vanessa? Have you ever felt like the bully?</td>
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<td>Morris Micklewhite and the Tangerine Dress</td>
<td>Christine Baldacchino and Isabelle Malenfant</td>
<td>All Grades</td>
<td>Morris, a creative, adventurous boy likes to wear a tangerine-colored dress. But the other students at school make fun of Morris because they think that boys don't wear dresses. In the end, Morris learns sometimes he must be strong and independent to be able to be himself and be accepted by others.</td>
<td>1. What was Morris like?</td>
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<td>2. What was the problem in this book?</td>
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<td>3. How did Morris handle this issue?</td>
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<td>4. What could you do to help Morris if you were his friend?</td>
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<td>She Persisted 13 American women Who Changed the World</td>
<td>Clinton, Chelsea</td>
<td>All Grades</td>
<td>This book is for everyone, boys and girls and men and women, for all of us who have every been told to be quiet, sit down, or your thoughts don't matter. &quot;Persistence is power.&quot; Choose one or two short biographies, read the selection, and talk about their obstacles and how each person dealt with them.</td>
<td>1. What did you learn about this person?</td>
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<td>2. What does persist mean? (to continue to exist, be prolonged, endure)</td>
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<td>How did this person persist in their life?</td>
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<td>3. How do you persist in your life? What are some examples?</td>
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<td>Title</td>
<td>Author</td>
<td>Grade(s)</td>
<td>Summary</td>
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| Red                   | Michael Hall  | All Grades | This is a story about a crayon that had a red label but he was really blue. He tried his hardest to be red and to be the color that the other colors thought he should be. But in the end, with the help of a friend, he realized that he could be who he is, a blue crayon in a red label. | 1. How did red try to be red? Was he successful?  
2. What do you think is the message that the author is trying to convey? |
| What Do You Do With A Problem? | Yamada, Kobi | All Grades | A story good for all ages to hear - what to do when a problem arises? Ignore it, run away from it, hide from it, worry about it, or face the problem and possibly learn and grow from it? | 1. How did the main character handle the problem at first?  
2. Can you think of a time when you had a problem? How did you deal with it?  
3. Did you learn something from dealing with your problem? Did you discover anything about yourself? |
| When I Feel Good about Myself | Spellman, Cornelia | PreK | In simple language, the author shows children how to identify and handle emotions, along with teaching them to accept themselves as they are. | 1. When do you feel good about yourself?  
2. Turn to any page, read and show any picture, and ask students what is happening in the picture. Have you ever done anything like this? |
| Zero                  | Otoshi, Kathryn | PreK-1st | Zero doesn't feel like she has anything to offer other people, she thinks of herself as big round and empty. She envies the other numbers because they all seem to have a purpose, value and substance. With the help of her friends, Zero learned to look at herself in a different way and realized that she was valuable too. | 1. At the beginning of the story, how did Zero see herself?  
2. What did she try to do to become valuable?  
3. What did Zero learn in this book about herself?  
4. How does this story related to your life? |
| Be Polite and Kind    | Meiners, Cheri J. | PreK-1st | This book teaches the basics of good manners and gracious behavior. When children are courteous, respectful, and kind, other people enjoy being around them Politeness helps people get along. | 1. Pg. 1-3: How do you show people they are important to you?  
2. Pg. 4-15: What does it mean to be polite and kind? How does it feel when someone says polite, kind words to you? How does it feel when someone is not polite?  
3. Pg. 16-27: What is respect?  
4. Pg. 28-31: Why is it important to be polite and kind? |
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| Being Bullied                              | Petty, Kate & Firmin, Charlotte | PreK-1st    | Rita is being bullied at school by Bella. The other kids begin to side with Bella. The teacher does not seem to realize the situation. Rita's mom sees her despair and helps her deal with the situation and improve her self-confidence. | 1. How do you think Rita felt when she was being bullied?  
2. How can you or your friends deal with bullies at school?  
3. How was Rita's mom able to know that Rita was upset and something was wrong?  
4. Is it okay to tell on a bully? |
| Feet Are Not For Kicking                   | Verdick, Elizabeth | PreK-1st    | Looks at how we use our feet and when we kick our feet. Points out that kicking other people hurts them and asks the question, “How can we avoid kicking others?” | 1. What can you do with your feet (walk, jump, run, etc.)?  
2. When do you kick your feet?  
3. Does it hurt to be kicked?  
4. What are other ways we can have fun with our feet? |
| Good People Everywhere                     | Gillen, Lynea     | PreK-1st    | A very positive, uplifting story to encourage children to be aware of the wonderful, caring people in their lives.                                                                                           | 1. Close you eyes and think of the good people in your life. Who is it? What does this person do?  
How does this person help others? Does this person help you? How?  
2. How can you help people in your life? |
| Hands Are Not For Hitting                  | Agassi, Martine   | PreK-1st    | Pictures and text demonstrate what hands can do; also points out that hands are not for hitting.                                                                                                         | 1. Can you think of other things that your hands do everyday?  
2. Do you ever want to hit with your hands?  
3. How does it feel to hit or when others hit?  
4. What can we do instead of hitting? |
| Lucy and the Bully                          | Alexander, Claire | PreK-1st    | Tommy is mean and bullies Lucy. Lucy is frightened and is not feeling safe to tell a grown-up.                                                                                                          | 1. What can Lucy do?  
2. What or who can Lucy tell?  
3. Why was Tommy mean?  
4. How did Lucy solve the problem? |
| Quick as a Cricket                         | Wood, Audrey      | PreK-1st    | "A joyful celebration of self-awareness" as you follow a young child giving similies for his moods.                                                                                                      | 1. What mood are you in right now?  
2. Do you always feel the same way? Why or why not?  
3. What are some other words we use when we talk about our moods or how we are feeling?  
4. What mood would you like to be in? |
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<th>Questions</th>
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| Share and Take Turns                                                 | Meiners, Cheri J.       | PreK-1st  | Presents different ways we share with others. Gives permission for one not to share sometimes. Delightful pictures illustrate the joy of sharing. Questions to ask on back pages.                        | 1. Do you find it fun to play with others?  
2. What do you share with others?  
3. Are there times when you don't want to share?  
4. How can we have our own things and yet share with others? |
| Sometimes I Feel Like a Mouse: A Book About Feelings                 | Modesitt, Jeanne         | PreK-1st  | The author uses animals and their actions to express feelings that young children can identify with.                                                                                                        | 1. How might a particular feeling make you act?  
2. What kinds of feelings have you had today?  
3. What made you feel that way?  
4. How can you tell how someone else is feeling? |
| Teeth Are Not For Biting                                             | Verdic, Elizabeth       | PreK-1st  | Pictures and words describe how teeth are used and how biting hurts others.                                                                                                                                  | 1. How do you use your teeth?  
2. Have you ever been bitten? How did it happen and how did it feel?  
3. Have you ever bitten another person? What happened next? Did you get in trouble? |
| The Berenstain Bears and the Trouble with Friends                   | Berenstain, Stan & Jan  | PreK-1st  | When making friends, sometimes you need to compromise and consider each other's needs.                                                                                                               | 1. Do you always get along with your friends?  
2. What do you do when you get upset with a friend?  
3. What are some ways you can compromise? |
| The Colors of Us                                                     | Katz, Karen             | PreK-1st  | Lena, with the help of her mother who is an artist, learns that there are endless shades of skin color, as she observes members of her neighborhood. And, most importantly, all of the shades are beautiful. | 1. How many shades of brown does this book describe?  
2. Which character in the story has skin color close to the color of yours?  
3. How many shades of skin do you see in our reading group? |
| The Family Book                                                      | Parr, Todd              | PreK-1st  | Represents a variety of families, some big, some small, some with one parent, some with two moms or dads... but all alike in some ways and special no matter what.                                          | 1. Do any of you have family far away? Where?  
2. How do you keep in touch with family far away?  
3. What makes your family special?  
4. What are some things that families do together? |
| The Peace Book                                                       | Parr, Todd              | PreK-1st  | There are lots of different kinds of peace. Open this book and see. Brightly illustrated.                                                                                                                 | 1. Did you ever think peace could mean so many different things?  
2. Can you add other ideas of peace? |
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<th>Discussion Questions</th>
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| Walter Was Worried                         | Seeger, Laura Vaccaro| PreK-1st| Children’s faces, depicted with letters of the alphabet, react to the onset of a storm and its aftermath in this picture book. | 1. What letter of the alphabet does your name start with?  
2. Can you think of a feeling that starts with the same sound?  
3. Help me find all the letters on the faces that spell out these feelings. |
| When Sophie Gets Angry - Really, Really Angry | Bang, Molly          | PreK-1st| Sophie is a little girl who really explodes when she gets angry. She yells, shouts, and then she runs away as fast as she can. After she has run a while, she slows down and cools off in nature before returning home. | 1. What made Sophie so angry?  
2. What makes you angry and how do you show it?  
3. How can you cool down when you do get angry?  
4. What do you do when you see someone get really angry? |
| Words Are Not For Hurting                  | Verdick, Elizabeth   | PreK-1st| Discusses how we use words, how hurtful words can be to others, and what we can do to prevent using hurtful language. | 1. Why is the girl crying?  
2. How do you think she feels?  
3. What does it mean to “use our words”? |
| La Mariquita Perezosa                      | Finn, Isolbel        | PreK-1st| La mariquita perezosa no ha aprendido a volar porque prefiere dormir. No puede encontrar un lugar para dormir hasta que vuela. | 1. ¿Vuelan las mariquitas? ¿Por qué no vuela esta mariquita?  
2. ¿Qué le gusta hacer a mariquita? ¿Por qué queda despierta por tanto tiempo?  
3. ¿Creen que es buena cosa que estornudo el elefante?  
4. ¿Qué piensan que hice mariquita después de todo eso? |
| Cool Down and Work Through Anger / Calmate y supena la ira | Meiners, Chen J.     | PreK-1st| Some good strategies for children to understand their anger, process their anger, and resolve their anger. | Please refer to Page 32 through 35 for discussion questions and activities to reinforce these anger management ideas. |
| My Colors, My World (Mis Colores, Mi Mundo) | Conzalez, Maya Christina | PreK-1st| Maya finds all kinds of colors in her world. | 1. What kinds of colors can you find in your world?  
2. What are your favorite colors? Where do you see those colors in your world? |
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<th>Title</th>
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<th>Summary</th>
<th>Questions</th>
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| Be Who You Are         | Parr, Todd         | PreK-2nd            | Whoever you are, however you are different, be proud of who you are!    | 1. What is one adjective that would describe you?  
2. What do you like to eat? What music do you like to listen to?  
3. What is your family like? What language or languages do you speak? |
| Bully                  | Seeger, Laura      | PreK-2nd            | Few words, but a great message! Bully is not kind to others, but realizes his mistakes, and decides to try and be a good friend again. | 1. Who is the bully in this story?  
2. Who was Bully being mean to in this story?  
3. How do you think the other animals felt when they were being bullied?  
4. Has someone ever bullied you? How did that make you feel? |
| Calm-Down Time         | Verdick, Elizabeth | PreK-2nd            | Feeling upset, mad or sad? "1, 2, 3…I'm taking care of me!" A wonderful book that can teach children how to take time out, take a deep breath, and feel better. | 1. When you feel sad or mad or just upset, how can you help yourself feel better?  
2. How can we help other people feel better, if they are sad? |
<p>| Everybody Feels Angry  | Bingham, Jane      | PreK-2nd            | Everyone feels certain feelings like anger, sadness, happiness, and being afraid, that is what connects us as human beings. Each of these 4 books helps children comprehend and cope with difficult happenings in their lives, and the feelings that often accompany them. Talking about these feelings can help all of us, not only children, build bridges of support and hope among us. | At the end of each book is a glossary and a note to parents and teachers, please refer to these pages for further discussion. |
| Everybody Feels Happy  | Bingham, Jane      | PreK-2nd            | Everyone feels certain feelings like anger, sadness, happiness, and being afraid, that is what connects us as human beings. Each of these 4 books helps children comprehend and cope with difficult happenings in their lives, and the feelings that often accompany them. Talking about these feelings can help all of us, not only children, build bridges of support and hope among us. | At the end of each book is a glossary and a note to parents and teachers, please refer to these pages for further discussion. |</p>
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<tr>
<td>Everybody Feels Sad</td>
<td>Bingham, Jane</td>
<td>PreK-2nd</td>
<td>Everyone feels certain feelings like anger, sadness, happiness, and being afraid, that is what connects us as human beings. Each of these 4 books helps children comprehend and cope with difficult happenings in their lives, and the feelings that often accompany them. Talking about these feelings can help all of us, not only children, build bridges of support and hope among us.</td>
<td>At the end of each book is a glossary and a note to parents and teachers, please refer to these pages for further discussion.</td>
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<td>Everybody Feels Scared</td>
<td>Bingham, Jane</td>
<td>PreK-2nd</td>
<td>Everyone feels certain feelings like anger, sadness, happiness, and being afraid, that is what connects us as human beings. Each of these 4 books helps children comprehend and cope with difficult happenings in their lives, and the feelings that often accompany them. Talking about these feelings can help all of us, not only children, build bridges of support and hope among us.</td>
<td>At the end of each book is a glossary and a note to parents and teachers, please refer to these pages for further discussion.</td>
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| For Every Child, A Better World | Kermit the Frog in conjunction with the United Nations | PreK-2nd | Kermit the Frog introduces the reader to children around the world who are lacking their basic rights of housing, food, water, and medical help.                                                                  | 1. Can you name one basic need every child has?  
2. Pick one of these common needs and explain how each of us could help someone who doesn't have that in their life? |
| Grump, Groan, and Growl       | hooks, bell [sic]              | PreK-2nd | All of us have grumpy days, when all we can do is groan and growl at the world! Sometimes, just let those feelings be, they will pass and we can go on in a better way.                                             | 1. What does a grumpy face look like?  
2. What does a groan sound like?  
3. What does a growl look and sound like?  
4. When was the last time you felt this way? What did you do to feel better? |
| I Like Myself                 | Beaumont, Karen               | PreK-2nd | A book of poetry about self esteem. It encourages students to like everything about themselves, and to value what is inside each of us. Wonderful illustrations.                                                      | 1. Name two things you like about yourself.  
2. What are some ways we can help our friends feel better about themselves? |
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| I Wish I Was Strong Like Manuel (Quisiera ser fuerte como Manuel) | Heling, Kathryn  | PreK-2nd | Manuel and Willie are best friends, each with their strength and each with their distinct qualities. They are both learning how to appreciate how they are different.                                             | 1. What was Willie like? What was Manuel like?  
2. What is a strength of your?  
3. What are some strengths that you admire in your friend? |
| I'm Gonna Like Me                                   | Curtis, Jamie Lee | PreK-2nd | Using two different viewpoints, this story helps the reader see that no matter who we are, we all have value, uniqueness and self worth.                                                                 | 1. Finish this sentence: "I'm gonna like me when..."  
2. How can we help other people like themselves? |
| In My Heart - A Book of Feelings                   | Witek, Jo        | PreK-2nd | Wonderful illustrations and words to help young people identify and explain feelings, how it feels to be happy, brave, mad, heart-broken, hopeful, silly, and shy.                                       | 1. How does your heart feel today?  
2. What new feeling did you learn about? |
| Is it Right to Fight?                               | Thomas, Pat      | PreK-2nd | It's okay to feel angry. This book show appropriate ways to express anger, and explains why fighting is not healthy for anyone. It helps children learn that peaceful conflict resolution takes practice in knowing how to talk with each other, Appreciate differences and have a willingness to cooperate and compromise. | 1. What do you do when you get angry? Is it helpful or hurtful?  
2. What can you do to avoid fighting? How can you become more peaceful? |
| Mean Soup                                          | Everitt, Betsy    | PreK-2nd | It's been a very bad day for Horace, and he comes home from school feeling mean. His mother suggests they make soup. While the soup is coming to a boil, they each take turns screaming into the pot and releasing their anger until they are able to smile again. | 1. What makes you feel mean sometimes?  
2. What do you think about screaming into a pot of soup?  
3. What makes you feel better?  
4. What kinds of "soups" could you make? |
| Mommy, Mama, and Me                                | Newman, Leslea    | PreK-2nd | A story about one type of family - a word that has many meanings and types of arrangements of people. This book shows how one type of family, one with to moms, loves and supports their child.                                         | 1. What does the child in this family call her two parents?  
2. What type of things does Mama do for her child?  
3. What type of things does Mommy do for her child?  
4. What other kinds of families do you know about?  
5. What is your family like? |
| Skin Again                                         | hooks, bell [sic] | PreK-2nd | Our skin only tells a small part of our story, knowing others deeply is so much more fun.                                                                                                           | 1. What do you think the author is saying to us?  
2. What are some ways we can get to know people?  
3. What does your skin tell about you?  
4. Name two words that describe you? |
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<th>Libro</th>
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<tr>
<td>Modales</td>
<td>Aliki</td>
<td>PreK-2nd</td>
<td>Historias de uno o dos páginas que enfocan en un sentimiento en particular.</td>
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<tr>
<td>Peace, Baby</td>
<td>Ashman, Linda</td>
<td>PreK-2nd</td>
<td>We all can have frustrating days when we feel overwhelmed and are tempted to do some &quot;just to get even&quot; things - but just stop, take a break, and say &quot;Peace, Baby&quot;!</td>
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<td>Super Manny Stands Up!</td>
<td>Dipucchio, Kelly</td>
<td>PreK-2nd</td>
<td>After school every day, Manny puts on his superhero cape, becomes a superhero and saves the world from imaginary robots and monsters. Until one day at school, Manny, with the help of his invisible cape, stood up to a bully, and, in doing so, taught the other kids to be brave and stand up for themselves.</td>
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<td>Swimmy</td>
<td>Lionni, Leo</td>
<td>PreK-2nd</td>
<td>A 1964 Caldecott Winner, this is a wonderful tale of one brave fish who teaches his friends how, together with good ideas, they can deal with danger in a different way.</td>
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<td>The Other Bears (Otros Osos)</td>
<td>Thompson, Michael</td>
<td>PreK-2nd</td>
<td>It all begins with a Koala bear family. Mother and Father like Koala bears but are suspicious and untrusting of other kinds of bears because they are different. After the little Koala bears play with other kinds of bears, Mother and Father realize that they are more like the other bears than they are different.</td>
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| You Be You / Siempre Tu      | Kranz, Linda | PreK-2nd  | Everyone is different, that is what makes life so interesting. Celebrate our differences! | 1. What are some things Adri learned on his journey in the ocean?   
2. What did Papa say to Adri when he arrived home?  
3. On the inside cover of this book, there are some sayings that might spark a good discussion with the students. |
| All the Colors We Are        | Kissinger, Katie | PreK-3rd  | In her book containing beautiful photographs showing the endless shades of skin color, the author offers an excellent scientific explanation of this natural phenomenon. | 1. Can you match your skin color with one of the colors in the boxes on each page?  
2. How do we get our skin color?  
3. What is melanin? Does everyone have this in their skin?  
4. Where did your ancestors live? How would that affect your skin color? If you don't know, you might ask some of your older relatives, like grandparents or aunts or uncles. |
| A Big Guy Took My Ball       | Willems, Mo  | PreK-3rd  | Little guys, BIG guys, all of us have a story. When we take time to talk to and listen to other people, we learn that we are all in this life together. | 1. Who are the main characters in this book? Describe them.  
2. Who was the Big Guy? What was his problem?  
3. How did Elephant and Piggie and Whale work together to solve their problem? |
| Everyone Matters             | Thomas, Pat  | PreK-3rd  | This book helps children understand what respect is (equality), how to show respect towards others, and the importance of self-respect. It emphasizes that respect is more than avoiding conflict, it is talking to each other, appreciating differences, and being willing to cooperate and compromise. | 1. Look at each other. How are you the same?  
2. How are you the same as far as feelings go?  
3. On pages 24 and 25, what would you do to show respect toward these people?  
4. How can you be respectful when you disagree with someone? |
| Farfallina and Marcel         | Keller, Holly | PreK-3rd  | Friendship of a young goose and a caterpillar that goes through change as they age. | 1. How did each of these friends feel when they couldn’t find the other?  
2. What might they think happened?  
3. How do you think they felt when they reunited?  
4. Have you ever found a friend you thought you lost? What happened? |
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| Freckleface Strawberry and the Dodgeball Bully | Moore, Julianne | PreK-3rd  | Freckleface Strawberry likes the playground, but is scared to play dodgeball because of Windy Pants Patrick, the bully. When she is the last one in the game, she befriends the bully and they can play together without any bullying problems. | 1. What did Freckleface Strawberry do when she was scared?  
2. What else could she do to make things better?  
3. How can you stand up to a bully? |
| Have You Filled Your Bucket Today?    | McCloud, Carl   | PreK-3rd  | Everyone has an invisible bucket that holds good thoughts and feelings. This book helps children learn how to be bucket fillers by being positive with others. It also helps them recognize that words and actions can make a person a bucket dipper. The goal - to fill buckets each and every day. | 1. How is your bucket today?  
2. Do you think you can fill your own bucket?  
3. Can you share a time when you helped fill a bucket? A time when you dipped a bucket? |
| Horrible Bear                        | Dyckman, Ame    | PreK-3rd  | The power of saying "I'm sorry" - a very funny story of a girl and a Bear and how they learned how to figure out how to get along.                                                                 | 1. What happened to cause the Bear and the girl to not get along?  
2. What happened to make the girl decide to say "I'm sorry" to the Bear?  
3. How did the Bear react when the girl said that to the Bear?  
4. Has a similar situation ever happened to you? What was it like? How did it end? |
| I'm Sad                              | Black, Michael Ian | PreK-3rd  | A wonderfully funny book about being sad! When Flamingo tells his friends that he is sad, they try to cheer him up, but nothing works. Eventually, his friends learn that even if they aren't able to cheer Flamingo up, they learn that the most important matter is to stay by his side. | 1. What makes you feel sad?  
2. What makes you feel better?  
3. Why are friends important when you feel sad? |
| Mixed A Colorful Story               | Chung, Arree    | PreK-3rd  | A color-filled story about accepting all people, because we are so much better together! (This book is especially good for racial acceptance.)                                                                 | 1. Describe the colors at the beginning of the story?  
2. What happened to cause the colors to separate?  
3. What was their life like at the end of the story?  
3. What do you think the author was trying to say to us? |
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<th>Age Level</th>
<th>Description</th>
<th>Discussion Questions</th>
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<tr>
<td>Nerdy Birdy</td>
<td>Reynolds, Aaron</td>
<td>PreK-3rd</td>
<td>Nerdy Birdy likes reading, video games, and reading about video games, which the Cool Birdies don't think is cool. Being a nerdy birdy is a lonely lifestyle until he meets a nerdy flock just like him.</td>
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|                                      |                         |           | 1. Why does Nerdy Birdy feel left out?  
2. How does he find comfort in other birds like him?  
3. What does this teach Nerdy Birdy about friendship and groups and appearances?                                                   |
| No Water No Bread                    | Amavisca, Luis          | PreK-3rd  | Two groups of people live separated by a barbed wire fence. One group has plenty of water and the other group has plenty of bread, but they have difficulty sharing their resources with each other. When a third group appears without bread or water, an unlikely group comes up with an answer. |
|                                      |                         |           | 1. What was life like when the groups didn't share?  
2. What was life like when the groups shared?  
3. Who helped solve the problem?                                                                                                         |
| Shapesville                          | Mills, Andy             | PreK-3rd  | An uplifting story that shows students that healthy bodies come in all shapes and sizes and that we all should celebrate everyone's unique differences.                                                         |
|                                      |                         |           | Discussion questions are at the end of the book.                                                                                                                                                           |
| Somewhere Today A Book of Peace      | Thomas, Shelley Moore   | PreK-3rd  | Almost poem-like, the author displays photos of simple ways that anyone, at any age, can make our world a better place - planting trees, teaching someone something new, or giving something away.           |
|                                      |                         |           | 1. Did you do anything to help someone out this week? Describe what you did.  
2. Describe how that made you feel after you did something for another person.  
3. How do you think the person you helped feels?                                                                                     |
| The Pigs Picnic                       | Kasza, Keiko            | PreK-3rd  | Mr. Pig realizes that it is best to be himself rather than try to be someone else.                                                                                                                      |
|                                      |                         |           | 1. Why do you think Mr. Pig wanted to impress Miss Pig?  
2. What would you do to impress someone?  
3. Why did Mr. Pig's animal friends want to change Mr. Pig?  
4. What lessons did Mr. Pig learn?                                                                                                      |
| The Skin You Live In                 | Tyler, Michael          | PreK-3rd  | In poetry format, this book explains how skin color is just one part of who we are.                                                                                                                      |
|                                      |                         |           | 1. On the inside cover of this book, there are many different colored circles. What do you think they mean?  
2. How would you describe your skin color?  
3. What do you think the author is trying to tell us through his book?                                                                     |
| What Does Peace Feel Like?           | Randunsky, V. et al     | PreK-3rd  | This book describes the way peace feels, looks, smells, tastes, and sounds from the point of view of children around the world.                                                                           |
|                                      |                         |           | 1. What does the word “peace” mean to you?  
2. What things make you feel peaceful?  
3. What things keep you from feeling peaceful?  
4. How can you share peace with other people?                                                                                           |
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| El Arbol Generoso                          | Silverstein, Shel | PreK-3rd  | Un árbol y un niño desarrollan una amistad. El árbol le encanta dar al niño hasta que parece no tener nada más para dar. | 1. ¿Por qué estaban el árbol y el niño tan felices juntos? ¿Qué te hace feliz?  
2. ¿Cómo cambiaron los sentimientos del árbol cuando creció el niño y se convirtió en hombre?  
3. ¿Qué es una sorpresa en esta historia? ¿Cómo creías que iba a terminar? |
| Willow Whispers                            | Button, Lana | PreK-3rd  | Willow's voice is very soft. She wishes her words would come out strong and loud so that everyone would notice her. When Willow's magic microphon doesn't work, she finds a way to make herself heard. | 1. What does it mean to be shy?  
2. Does Willow really need her magic microphone to be heard by her friends and teachers?  
3. What happens after her microphone breaks? |
| All the Colors of the Earth                | Hamanaka, Sheila | PreK-4th  | A beautifully illustrated book that compares our skin color to a multitude of living things in the natural world. | 1. How many skin colors can you name?  
2. How did this author describe different skin colors?  
3. How would you describe your skin color?  
4. A great book to introduce the literary term simile, a comparison of two things using the word as or like. |
| It's Okay to be Different                  | Parr, Todd   | Pre-K -4th | This book promotes the idea of accepting who you are and also accepting other people for what they are. | 1. Have you ever felt different than the people around you? At school? At home? Any other place?  
2. How did other people treat you?  
3. Have you ever noticed someone who looked different than you? How were they different? |
| What Does It Mean To Be Global             | DiOrio, Rana | PreK-4th  | This introduces students to the meaning of Global, learning more about being a citizen of the world, starting to explore other cultures, and encouraging all of us to use compassion and understanding to become members of a global community. | 1. What does global mean to you?  
2. Diversity in people - What do you think this means?  
3. Go to the page that defines these words: community, culture, etc. Read the definitions and discuss what this means to the students? |
| The Rainbow Fish                           | Pfister, Marcus | K-1st    | The fish discovers that his loneliness can be changed into friendliness when he shares his scales. | 1. What do you think it felt like to be so alone?  
2. Was it easy or hard to ask for a scale? Why?  
3. Why do you think it was so hard to give up the first scale? |
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| Zoo Looking           | Fox, Mem           | K-1st | Flora and her Dad have a fun time at the zoo.                               | 1. What makes a fun day for you?  
2. Who do you like to be with when you’re having fun?                                           |
| Big Al                | Clements, Andrew & Yoshi | K-2nd | Al is a large, ugly fish who frightens others and feels lonely. The situation changes when he has a chance to help the others. | 1. What is it like when someone makes fun of you?  
2. When you know someone else is lonely, what can you do?                                          |
| Hiccups for Elephant  | Preller, James     | K-2nd | Elephant has the hiccups and wakes up all of his friends in the animal kingdom. They each have unique ideas on how to help cure Elephant's hiccups. | 1. What do you do when you get the hiccups?  
2. Do the same ideas work for everyone?  
3. Why is it good to try to find more than one solution to a problem?  
4. What do you think his friends ought to do with Elephant's sneezes?                                |
| How to Be a Friend    | Brown, Laurie Krasny and Marc Brown | K-2nd | A book about making friends and keeping them.                               | 1. What do you do when you are alone?  
2. What kinds of activities do you do when you play with someone?  
3. What types of things do you do for your friends?  
4. What do these words mean: cooperate, compliment, shy, bully?  
5. Great ideas on Page 29 about how to settle a disagreement with another person.                  |
| Jessica's Box         | Carnavas, Peter    | K-2nd | It is Jessica’s first day of school, and she is nervous. Did you feel that way? Jessica brings a box to school. Watch closely as she reveals what is inside each day. Does the box help her make friends? Let’s find out. | 1. Why did Jessica bring a box to school each day? Did it help her make friends?  
2. Jessica shared what happened at school each day, with her family. Who do you talk with when you have a problem and need some help with it?  
3. How did her family help her? (They listened.)  
4. What was in the box that made a classmate want to play with her? (Jessica- just being herself was enough) |
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<td>La Mariquita Malhumorada</td>
<td>Carle, Eric</td>
<td>K-2nd</td>
<td>Dos mariquita que tienen hambre encuentran una hoja llena de afidos para comer. Una sugiere compartir y la otra es tan enojado para hacerlo. Él prefiere pelear. No está seguro, y se va para buscar alguien con quien puede pelear. Regresa a la hoja muy cansado y encuentra que algunos afidos y la otra mariquita siguen ahí.</td>
<td>1. ¿Qué es la idea de la mariquita amistoso? ¿Por qué no se queda la mariquita malhumorada? 2. Si la mariquita malhumorada no quería pelear, ¿podía tener más amigos aunque estaban más grandes que ella? 3. La mariquita malhumorada tenía mucha suerte al final de la historia. ¿Por qué? ¿Quién dio las gracias al final?</td>
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<td>Nerdy Birdy Tweets</td>
<td>Reynolds, Aaron</td>
<td>K-2nd</td>
<td>Nerdy Birdy and Vulture are best friends. When Nerdy Birdy finds the word of Tweetser, he jeopardizes his friendship when he tweets an embarrassing photo of Vulture. In the end, Nerdy Birdy learns that friendship is much more important than tweeting.</td>
<td>1. Describe Nerdy Birdy and Vulture's friendship. 2. What happened after Nerdy Vulture's friendship. 3. What did both Nerdy Birdy and Vulture do to restore their relationship?</td>
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<td>Stand Tall, Molly Lou Melon</td>
<td>Lovell, Patty</td>
<td>K-2nd</td>
<td>Molly Lou Melon, like all of us, is less than perfect. When Molly Lou moves to a new town and meets a bully at her school, she remembers what her grandma taught her - be strong in the person you are.</td>
<td>1. What happened when Molly Lou went to her new school? 2. How did Molly Lou react to Ronald Durkin? 3. What is the author trying to tell us?</td>
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<td>The Boy and the Bindi</td>
<td>Shraya, Vivek</td>
<td>K-2nd</td>
<td>When a young Indian boy is fascinated by his mother's bindi, the red dot often worn by women, his mother teaches him about its meaning and significance.</td>
<td>1. How did the Indian boy's mother respond when he asked her about her bindi? 2. What do you think is the meaning of a bindi?</td>
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<td>Willow Finds a Way</td>
<td>Button, Lana</td>
<td>K-2nd</td>
<td>Willow, even though she is shy and quiet, learns to find a way to stand up for herself to Kristabelle, the class boss. And, because of this, Willow becomes a role model for the other students in class.</td>
<td>1. Describe Willow. Describe Kristabelle. 2. Who was the first person to stand up to Kristabelle? 3. After Kristabelle apologized to the class, how did Willow treat Kristabelle? 4. Have you ever felt like Willow? Have you ever felt like Kristabelle?</td>
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<td>Can We help?</td>
<td>Ancona, George</td>
<td>K-3rd</td>
<td>Excellent ideas for all people to figure out how we can help other - donating food and clothing to shelters, knitting hats and scarves for homeless people, picking up trash, planting trees, and the list goes on!</td>
<td>1. When the middle school students were helping the younger students, how do you think this made the middle school students feel? The younger students? 2. Which helping idea would you like to try? 3. What are some ways you already help people?</td>
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<td>How My Parents Learned to Eat</td>
<td>Friedman, Ina</td>
<td>K-3rd</td>
<td>A young Japanese girl tells how her mother and American father overcame their cultural differences of eating.</td>
<td>1. Why do you think she was so scared to eat with her boyfriend? 2. Can you think of something else they both could have done instead of being so scared?</td>
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<td>Snowflake in My Pocket</td>
<td>Bright, Rachel</td>
<td>K-3rd</td>
<td>Inside an old, twisted oak tree, lives a very wise bear, and a very small squirrel. Can a bear and a squirrel be friends? Find out what happens when the season starts to change into winter…. Have you ever tried to put a snowflake in YOUR pocket?.....</td>
<td>1. How can you tell Bear and Squirrel are friends? 2. Bear is older than Squirrel. Do you have older friends? What is that like? 3. Do you have younger friends? What do you like to do together? 4. What makes a strong friendship?</td>
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<td>Someone New</td>
<td>O'Brien, Sibley</td>
<td>K-3rd</td>
<td>Three elementary students who aren't new, begin to understand and embrace three new immigrant students.</td>
<td>1. What does being an immigrant mean? 2. How are Maria, Jin, and Fatimah different from their classmates? How are they the same? 3. How do you make someone new feel welcome?</td>
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<td>Spaghetti in a Hot Dog Bun</td>
<td>Dismondy, Maria</td>
<td>K-3rd</td>
<td>We are all different people and come from different background and cultures. This story involves Lucy and her grandpa, and it shows the reader how Lucy became proud of herself, even when other kids were mean to her because they did not under her background.</td>
<td>1. Describe Lucy - What was she like? 2. What was Ralph like? 3. What happened between Ralph and Lucy? 4. How did grandpa help Lucy? And, Did her grandpa's questions help her?</td>
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<td>Take the Time Mindfulness for Kids</td>
<td>Maud Roegiers</td>
<td>K-3rd</td>
<td>A book of wonderful ways for people of all ages, especially kids, to become more self-aware, to calm down, and in the end to feel better.</td>
<td>1. Have you ever had days that felt &quot;topsy-turvey&quot; to you? If so, what did you do to start to feel better? 2. &quot;To listen to silence,&quot; what do you think that means? 3. One of the author's suggestions was &quot;To heal my hurt feelings.&quot; What do you think she means by that? 4. When you are mindful to someone, what does that look like?</td>
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| The Grouchy Ladybug                        | Carle, Eric| K-3rd | The grouchy ladybug begins her day wanting to fight for the aphids on a leaf with a friendly ladybug. “Oh, you’re not big enough for me to fight.” And thus begins the grouchy ladybug’s day of finding someone “big enough” to fight. But suddenly she finds herself right back where she started, and grateful for it. | 1. How does it make you feel when you are around someone who is grouchy?  
2. Why did the grouchy ladybug tell the huge creatures that they weren’t “big enough to fight”?  
3. How do you think the grouchy ladybug felt when she ended up at the same place she started?  
4. What are some things you do to get out of a grouchy mood? |
| The Invisible Boy                          | Trudy Ludwig| 3rd   | Brian, a quiet little boy, is not usually noticed by other people or included in their groups. But when a new boy, Justin, arrives in Brian's class, Brian went out of his way to welcome Justin. Little did Brian know, this was the beginning of a new friendship. | 1. What are some ways Brian felt invisible?  
2. Did Madison and her friends try to hurt Brian? What might they have done differently?  
3. How did Brian welcome Justin?  
4. How did Justin help Brian become visible?  
5. Have you ever felt invisible? What might have helped you feel more at ease? |
| The Recess Queen                           | O'Neill, Alexis| K-3rd | Mean Jean was queen of recess and no one dared to do anything before she did it first until one day, there was a new kid in town, Katie Sue, who didn't know the rules. Katie Sue did what she wanted, when she wanted during recess. Mean Jean didn't like this at first, until Katie Sue asked Mean Jean to play with her, and that eventually changed Mean Jean to just Jean. | 1. What was Mean Jean like?  
2. What was Katie Sue like?  
3. What made Mean Jean change her ways during recess?  
4. Why do you think Mean Jean started to be nice to the other kids? |
| When Sophie's Feelings are Really, Really Hurt | Bang, Molly | K-3rd | Sophia painted a picture of a beautiful tree, but the other kids made fun of it, which made Sophie feel sad and embarrassed. This story shows kids how to respect their differences in a kind, thoughtful way. | 1. What colors did Sophie use in her painting of her tree? Why did she choose those colors?  
2. Describe her friends' feelings about Sophie's painting.  
3. What did Ms. Mulry say about all the paintings? |
| Alexander and the Terrible Horrible No Good Very Bad Day | Viorst, Judith | K-4th | Everything goes wrong for Alexander all day and he wants to go to Australia to live. His mother reminds him that even in Australia people have bad days. | 1. Tell me about one of your bad days.  
2. Have you ever wanted to run away to someplace else?  
3. What can you do to make the day better? |
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| Emmanuel's Dream                           | Thompson, Lauri   | K-4th | A true story in Ghana, West Africa. A boy with only one strong leg, bicycled 400 miles across Ghana to send a powerful message - disability does not mean inability.                                             | 1. How did Emmanuel handle going to school?  
2. What happened after his mother got sick?  
3. How did people react to Emmanuel when he was riding across Ghana?  
4. Read author's note on last page to find out what Emmanuel is doing now? |
| Everybody Cooks Rice                       | Dooley, Norah     | K-4th | Carrie is searching for her younger brother Anthony because it is time for dinner and he is nowhere around. As Carrie stops at the home of her neighbors to ask about Anthony, she learns that even though all of her neighbors are cooking rice, they all cook rice in very different ways, and they are all delicious. | 1. How does your family cook rice? What is your favorite rice dish?  
2. In your opinion, which way of cooking rice was the most different to you? |
| Martha Walks the Dog                       | Meddaugh, Susan   | K-4th | Martha is a very intelligent and friendly dog. Bob, a new dog, is chained up. He is mean and angry and his master yells "Bad dog!" Martha, with the help of a parrot, shows Bob and his master that Bob can be and is a good, friendly dog.  | 1. Why do you think Bob was so mean?  
2. Have you ever been treated meanly?  
3. What is the difference between telling someone they are bad, or telling them what they are doing is bad?  
4. Have you ever made friends with someone who is being mean to you? |
| The Sandwich Swap                          | Rania, Queen      | K-4th | As students read about best friends, Salma and Lily, they learn that when we take time to know each other, we all become better people.                                                                            | 1. What activities did Salma and Lily do with each other?  
2. What caused the disagreement with each other?  
3. How did they resolve their problem?  
4. Have you ever experienced a similar happening in your life? |
| Alexander y el Dia Terrible, Horrible, Espantoso, Horroroso | Viorst, Judith    | K-4th | Un día cuando todo está mal para él, Alexander realice que otra gente tiene días malas también.                                                                                                      | 1. A veces pasan cosas que no nos gusta. Cuando estas cosas paso a Alexander, ¿cuáles sentimientos tenía?  
2. Cuando ves que alguien esta enojado o triste, ¿crees que podría estar teniendo un día mal?  
¿Cómo pueden ayudarles?  
3. ¿Qué debe hacer a Alexander la próxima día para tener un día mejor? |
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| A Bad Case of Stripes        | Shannon, David          | K-5th     | Camilla loves lima beans but won't eat them because she's afraid of being made fun of. Soon she begins to stripes, calling the wrong kind of attention to herself. Her problem is solved when she decides being made fun of by eating lima beans can't be any worse than turning into stripes. | 1. Why do you think Camilla wanted to impress her classmates?  
2. What have you ever done to try to impress someone?  
3. Do you worry about what other people think of you? Why or why not?  
4. How does it make you feel when someone else tries to impress you? |
| Boy                          | Cummings, Phil and Devries, Shane | K-5th     | This is a story about a king, his knights, a dragon and a boy that is deaf. Do you know what being deaf means? How do people who are deaf communicate? (Sign Language- and in this book the authors use the term “dancing hands”) Watch and listen carefully to see how Boy solves a really big problem for everyone. | 1. Why was everybody fighting?  
2. How could Boy tell there was a problem?  
3. How did Boy help the king, knights and dragon solve their problem? (They listened to each other’s perceptions of the situation.)  
4. How could you be like Boy? (Help people communicate and listen to each other) |
| Bullies Never Win            | Cuyler, Margery         | K-5th     | Jessica is a worrier. She worries about everything. But in Mr. Martin's class she has her biggest worry: Brenda Bailey. Brenda is a bully, and she won't leave Jessica alone. It worries Jessica so much she can't even sleep. Can Jessica stand up to Brenda? | 1. Why was Brenda Jessica's big worry?  
2. Do you worry about things? What kinds of things bother you the most?  
3. How did Jessica deal with Brenda's bullying? Did it work? Could she have done anything else?  
4. If you see someone being bullied, how can you help? |
| Feathers and Fools           | Fox, Mem                | K-5th     | Peacocks and Swans grow afraid of their differences and end up destroying each other. One peacock egg and a swan egg remain and decide to be friends.                                                        | 1. What were they afraid might happen?  
2. Is it scary to be different? Why? |
| Hey, Little Ant              | Hoose, Phillip & Hannah | K-5th     | A young boy faces a dilemma. His friends want him to squash an ant but the ant disagrees. The boy and the ant discuss the situation.                                                                         | 1. Should the ant get squished? Why or why not?  
2. Should the boy think about the ant's feelings?  
3. When is it good to listen to your friends and when is it not good to listen to them?  
4. Does "might" make "right"? |
<p>| How Are You Peeling?         | Freymann, Saxton        | K-5th     | Amazing fruit and vegetable art in this book, with the produce carved out to show a feeling or mood.                                                                                                           | There are many good questions throughout the book.                                          |</p>
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| Move Over, Twerp                          | Alexander, Martha | K-5th | Jeffrey is old enough to take the school bus, but he keeps getting pushed around by the older kids who call him Twerp. He looks to his family for solutions, but solves the problem in his own way. | 1. Have you ever been called names?  
2. Why did Jeffrey move when the bigger boy asked him to?  
3. Have you ever stood up to a bully?  
4. How could you handle this kind of problem in a peaceful way? |
| One                                        | Otoshi, Kathryn  | K-5th | Blue is a quiet color. Red is a hot head. Red likes to pick on Blue. The other colors don't like what they see, but what can they do? When no one takes a stand, things get out of hand. Until One comes along and shows all the colors how to stand up and count! | 1. Why do you think Red was always picking on Blue?  
2. What might be some reasons why the other colors don't stand up to Red?  
3. Who changed the story and how?  
4. Have you seen stories like this happen in real life before? How did it make you feel to see it? |
| Only One You                               | Kranz, Linda    | K-5th | Adri the fish learns some of the valuable and wise lessons his parents have learned to guide him along in the world. | 1. At the end of each page, take a few moments to talk about what each saying means.  
2. What do you think wisdom is?  
3. Have you ever heard anyone say things like this?  
4. What are some good things you have learned? What's the best advice you can give someone? |
| Peace, see Shalom, Salaam, Peace           | Bogot, Howard   | K-5th | Read this book back to front, as Hebrew and Arabic texts are read. The author draws from Judaism, Christianity, and Islam to bring the ideal of peace into a concrete reality. | 1. Why do you think I read this book from back to front? (Different doesn't necessarily mean "wrong")  
2. What does peace mean or look like to you?  
3. When have you ever felt without peace?  
4. What are some things you can do to create peace? |
| Quiet Please, Owen McPhee                  | Ludwig, Trudy   | K-5th | Owen McPhee loves to talk, he loves it so much he spends all day talking! When he wakes up one day with a bad case of laryngitis, he learns the importance of listening to what others have to say. | 1. Have you ever been asked to stop talking?  
2. How did that make you feel?  
3. What do you do when you listen to someone?  
4. Why is it so important to hear what other people have to say? |
| Shalom, Salaam, Peace                      | Bogot, Howard   | K-5th | Read this book back to front, as Hebrew and Arabic texts are read. The author draws from Judaism, Christianity, and Islam to bring the ideal of peace into a concrete reality. | 1. Why do you think I read this book from back to front? (Different doesn't necessarily mean "wrong")  
2. What does peace mean or look like to you?  
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| Talk and Work It Out          | Meiners, Cheri J. | K-5th | This book will help children learn the process of peaceful conflict resolution. Children learn they can calm themselves, talk about the problem, listen to understand, think of ways to solve it, and then choose the best plan. When a solution isn't possible they can still show respect. | 1. As you reach each page spread ask children to explain what's happening.  
2. Is there someone you often get along with? Why do you enjoy being together? What do you enjoy doing together?  
3. How do you feel when someone really bothers you? Why is it a good idea to try and work things out?  
4. Let's take a slow, deep breath. What are some other ways to calm down? |
| The Empty Pot                  | Demi          | K-5th | Ping loves to grow flowers and wants to grow the grandest flower in the land for the Emperor. The emperor secretly gives Ping fake seeds to plant. The flower does not grow and Ping has to tell the truth. | 1. Have you ever felt discouraged when attempting to do something?  
2. What do you think Ping was thinking when her flowers wouldn't grow?  
3. How difficult was it to tell the Emperor the sad news?  
4. How did courage and honesty help? |
| The Knight and the Dragon      | DePaola, Tomie | K-5th | A knight and a dragon have never fought before. They each practice and prepare for the fight. Wonderful illustrations of the ridiculousness of the fight. | 1. What was the reason for the fight?  
2. I wonder what each was thinking about the other during their practice.  
3. Do you think it was easy to give up the fight?  
4. What are some other things you can do instead of fighting? |
| The Sneetches                  | Dr. Seuss      | K-5th | The Starbellies and those without stars on their bellies have a big contest to see who is the best. | 1. Why didn't they want to be like the others?  
2. How do we tell people apart?  
3. What makes people different?  
4. When are differences sometimes helpful? |
| The Wild Christmas Reindeer    | Brett, Jan     | K-5th | Young Teeka is in charge of getting Santa’s reindeer ready for Christmas. Her frustration leads her to treating the reindeer poorly. When she realizes she has been pretty mean to them, she promises to treat them better. Not just for Christmas reading. | 1. How would you feel if you were in charge of Santa’s reindeer?  
2. At first, how was Teeka treating the reindeer?  
3. Why do you think she was treating them that way?  
4. What helped to make the reindeer cooperate with Teeka? |
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<tr>
<td>Today Was a Terrible Day</td>
<td>Giff, Patricia Reilly</td>
<td>K-5th</td>
<td>2nd grader Ronald Morgan is having a terrible day at school. Everything he does is wrong. But then his teacher writes him a note and turns a bad day around.</td>
<td>1. Did you ever have a bad day like Ronald? What happened? 2. How do you suppose Ronald felt in class when his teacher pointed out his mistakes? 3. What are some ways you can turn around your day if you are having a bad day?</td>
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<td>Two Mrs. Gibsons</td>
<td>Igus, Toyomi</td>
<td>K-5th</td>
<td>A young girl has two strong women in her life - her mother and grandmother. They are different from one another but each affects and enriches her life.</td>
<td>1. What differences do you see in these two women? 2. How are people different in your family? 3. What do people in your family have in common? 4. How can differences bring joy and happiness?</td>
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<tr>
<td>The Way I Feel</td>
<td>Cain, Janan</td>
<td>K-5th</td>
<td>This is a rhyming book on feelings. Each page deals with different feelings with great artwork. Helps children give language to their emotions.</td>
<td>1. What circumstances make you feel happy, sad, and so on? 2. How can you ask for help with your feelings? 3. How can you change your feelings?</td>
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<td>We Can Work It Out</td>
<td>Polland, Barbara K.</td>
<td>K-5th</td>
<td>Explores conflict resolution for children. It presents different behaviors that occur during conflict and options for dealing with them.</td>
<td>1. What does conflict mean to you? 2. Do you ever have conflicts with other people? How so? 3. Has anyone ever been upset with you? 4. How did it make you feel?</td>
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<td>When Emily Woke Up Angry</td>
<td>Duncan, Riana</td>
<td>K-5th</td>
<td>Emily encounters many animals who suggest how to get rid of her anger. It finally works.</td>
<td>1. How many ideas can you remember that Emily tried? 2. What have you tried when you were angry? 3. Did it work?</td>
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<tr>
<td>Vegetal Como Eres?</td>
<td>Freymann, Saxton</td>
<td>K-5th</td>
<td>Arte de escultura increíble en este libro con los productos tallados para mostrar un sentimiento o disposición de animo.</td>
<td>1. Hay buenas preguntas en el libro o permite que los niños guian la discusión.</td>
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<td>Best Friends on Wheels</td>
<td>Shirley, Debra</td>
<td>1st-3rd</td>
<td>A young girl relates all the ways she and her best friend are alike, even though her best friend uses a wheelchair.</td>
<td>1. Do you know anyone with special needs? 2. How do you think it makes them feel to be treated differently? 3. How would you treat people with disabilities? Why?</td>
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| Can I Join Your Club?        | Kelley, John and Laberis, Steph | 1st-3rd   | Duck wants to join a club, but he is having a hard time being accepted. How would you solve this problem? Read to find out what Duck does. | 1. Why did Duck want to be in a club?  
2. What does “denied” mean? Why was Duck always “denied”?  
3. What makes “Our Club” so full of members? (Everyone is included.)  
4. Are you on a team, or in a club? How does it feel? Does everyone feel the same way? How can you make someone feel accepted in a group? |
| Rosie's Story                | Gogoll, Martina | 1st-3rd   | Everyone who has ever been teased will like this story.                | 1. How did Rosie feel when she was being teased?  
2. What did Rosie's dad suggest that she do about being teased?  
3. What did Rosie and her mom decide was going to be the topic of her story?  
4. How did Rosie's class react when she read her story to them? |
| We Are Best Friends          | Aliki          | 1st-3rd   | Two boys, best friends, one moves, but both boys are lonely, each boy learns that sometimes reaching out to others is a good way to get through change and being apart. | 1. How did Robert feel after Peter moved away?  
2. What did Peter's letter say? How did that make Robert feel?  
3. What did both boys do that helped them be happier without being close to each other?  
4. Were Robert and Peter still best friends?  
5. Has something like this every happened to you? Describe your situation. |
<p>| Weird                        | Frankel, Erin  | 1st-3rd   | Luisa loves to laugh with her friends, answer questions in class, and wear clothes that she likes to wear. But, Sam, another girl at her school, teases Luisa about everything. But, with the help of people in her life, Luisa learned how to deal with put-downs and be proud of who she is. | Starting on Page 39, there are several good discussion questions. |</p>
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| La Senorita Nelso Ha Desaparecido!         | Allard, Harry     | 1st-3rd | Algunos estudiantes descubren una sorpresa cuando desaparece su maestra. Cuando regresa, los estudiantes han cambiado. | 1. ¿Qué paso realmente con la maestra?  
2. ¿Cómo actúan los niños antes? ¿Después?  
3. ¿Crees que Mrs. Pantano regresa? ¿Qué aprendieron sobre los modales? |
| How Full is Your Bucket?                  | Roth, Tom & Mary Reckmeyer | 1st-4th | Felix is learning about his invisible bucket, when it's full he feels good, when it's empty, he feels terrible. By the end of the story, Felix realizes that the way he treats other people can fill their bucket or empty their bucket. | 1. Explain Grandpa's "invisible bucket" idea.  
2. What are some things we might say to other people that might fill their bucket?  
3. What are some things we might say or do to other people that might empty their bucket?  
| Malala Yousafzai                           | Hansen, Grace     | 1st-4th | An informative and motivational timeline of the life and work of a young, present-day peace activist. | 1. Name two or three causes that Malala believed in?  
2. What were some of the hardships Malala faced?  
3. How did she deal with these hardships?  
4. What is global education?  
5. On pages 22 and 23, there is a timeline of Malala's life and glossary that would add to the discussion. |
| My Rotten Redheaded Older Brother          | Polacco, Patricia | 1st-4th | Tricia learns the importance of having a fun brother.                   | 1. Why do you think it's important for the little girl to do something better than her brother?  
2. How do you feel about her older brother?  
3. How do you think the little girl felt when she could ride the merry-go-round longer than her brother?  
4. How did the grandmother help both the little girl and the older brother in the book? |
| The Juice Box Bully                        | Sorenson, Bob and Dismondy, Maria | 1st-4th | Pete is the new kid at school, and, as the story unfolds, he is also acting like a bully. But the other students react to Pete much differently than expected. They are kind and accepting and want Pete to join them. | 1. On the first page after the end of the story, you might read the paragraphs at the top of the page and then The Promise. Ask the students what they think about this?  
2. What is the difference between a bystander and a person who stands up in a bullying situation? |
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| The Librarian of Basra             | Winter, Jeanette | 1st-5th      | A true story. Alia is the librarian in Basra, Iraq. Her library is a wonderful place where her community can read, at least until the war came. Because Alia thought the library might be destroyed, she took the responsibility of taking all 30,000 books to her home and other peoples homes. | 1. What was the war like in Basra and how did it effect their community?  
2. Why was Alia worried about her books?  
3. Predict what you think happened after the end of this story. It may help to reread the last page again. |
| The Name Jar                       | Choi, Yangsook | 1st-6th      | Unhei, a young girl who just moved with her family from Korea to America, is worried about the students at her new school being able to pronounce her name. This actually happens, so read on to learn about how Unhei and her new friends creatively solve this situation and, at the same time, learn how to accept each other's differences as well. | 1. What are some things Unhei is nervous about at her new school?  
2. Explain the title of the book, The Name Jar.  
3. When you see someone new in your school or neighborhood, what can you do to help them feel more accepted? |
| Oliver Button is a Sissy           | DePaola, Tomie | 2nd-3rd      | Oliver is made fun of because he likes to dance. In a talent show his friends discover that he is a star.                                                                                               | 1. How could Oliver be so brave to enter the talent show?  
2. What do you suppose Oliver was thinking when they teased him? |
| Reach For the Sky                  | Stoutland, Allison | 2nd-3rd  | One person can make a difference, and everyone should try. Each page spread leads to what "something" taught me.                                                                                       | 1. On each page spread you can ask: How do they teach you that?  
2. What does it mean to cooperate?  
3. When have you cooperated to get the job done? What were you doing?  
4. Lying in a sunny spot is a wonderful feeling for a cat. What makes you feel wonderful? |
| The Story of Ferdinand              | Leaf, Munro   | 2nd-3rd      | Ferdinand is not like all the other bulls in Spain, but a quirk accident sends him to the bullring. And being the peaceful bull he is, Ferdinand won't fight.                                               | 1. Is it hard or easy to be different from everyone else?  
2. What makes it difficult to be different from everyone else?  
3. What made the men think Ferdinand would be a good fighting bull?  
4. What do you think Ferdinand was thinking or feeling when he was taken to the bullring? |
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| Big Moon Tortilla        | Cowley, Joy       | 2nd-4th | Marta is so excited about Grandmother's Big Moon Tortillas that she loses her homework to the wind and accidentally breaks her glasses. She comes rushing back to Grandmother, crying big tears, when Grandmother tells her an old story that teaches about problem solving. | 1. When have you had a problem where you needed to choose to be a tree and stand tall, looking all ways at once?  
2. When have you had a problem where you needed to choose to be a rock and sit still?  
3. When have you had a problem where you needed to choose to be a mountain lion and be fierce and ready to stand up for what is right?  
4. When have you had a problem where you needed to choose to be an eagle and see how small your problem is and laugh? |
| Socrates                 | Bogaerts, Rascal & Gert | 2nd-4th | An orphaned dog finds a pair of glasses and thereby a friend and a home. | 1. What do you suppose it felt like to be an orphan?  
2. What have you done whenever you have been lonely? |
| Wanda's Roses            | Brisson, Pat       | 2nd-4th | A little girl, a vacant lot, a "rose" bush, what can happen when a caring community comes together? | 1. Describe what Wanda found in the vacant lot?  
2. What did she think it was? What did the other adults in her community think it was?  
3. What happened when Wanda invited her friends to the vacant lot for tea?  
4. What do you think the message of this story is? |
| La Luna Se Fue De Fiesta | Gollub, Matthew    | 2nd-4th | La luna esta celosa del sol y decide crear su propia fiesta. Se celebra un poco demasiado. | 1. ¿Qué quiere la luna? ¿Crees que es un problema?  
2. ¿Cuáles son unas maneras que la luna puede crear soluciones?  
3. ¿Cómo trabaja la luna como parte de grupo? ¿Le pide ayuda suficiente? |
| My Very Own Room (Mi Propio Cuartito) | Perez, Amada Irma | 2nd-4th | Six children in one family share a single bedroom, and the only girl decides the only thing she needs is a little space to herself. With the help of her family, she creates a space in the house to call her own. | 1. Why did the girl want a room to herself?  
2. Do you think it was hard for the family to help her make her own space?  
3. Everyone in the family worked together to help make the room. What are some things you can do together with your family? |
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| The Day The Crayons Quit                  | Daywalt, Drew| 2nd-4th| Poor Duncan just wants to color. But when he opens his box of crayons, he finds letters, all saying that his crayons want to quit! Read on to find out why, and think about what Duncan can do to solve this problem. | 1. What were the crayons unhappy about?  
2. Which crayon colors do you use a lot?  
3. Would you try to solve the problem like Duncan did? What could you do?  
4. What if... crayons were people. Would you play with the same people all of the time, the same way? How would it feel to play with new people, and do different activities? Have you? Tell us about it. |
| Badger's Bad Mood                         | Oram, Hiawyn | 2nd-5th| Badger is in a bad mood and his friends don't know why, or how to make him feel better. Mole holds an award ceremony honoring many, including Badger. It shows the importance of being told how much we're loved and appreciated. | 1. What kinds of things make people get in a bad mood?  
2. How did it make Badger's friends feel when they couldn't help him feel better?  
3. Why do we need to tell others how important they are?  
4. What kind of award would you like to receive if all your friends held an awards ceremony? |
| Clancy, The Courageous Cow                | Hume, Lachie | 2nd-5th| The Belted Galloways are trapped in a vicious cycle. Every year their bossy neighbors, the Herefords, win the Cow Wrestling Contest. The winners get to graze on the best pasture. The losers have to wait until next year. Can a beltless Belted Galloway do anything about their plight? | 1. Why wasn't Clancy a part of the group?  
2. How did the other cows feel about Clancy?  
3. Is there something good about being different?  
4. How did the situation change when Clancy won? Could any of the other cows do what Clancy did? |
| Crow Boy                                  | Yashima, Taro | 2nd-5th| Chibi is a small shy boy who comes into town to go to school. He is isolated and made fun of by other children until a new teacher comes and helps uncover Chibi's special interests and talents. Chibi earns the nickname Crow Boy and also wins the respect of the other children. | 1. Do you remember how you felt the first day you came to school?  
2. Why Was it hard for Chibi to make friends?  
3. How did the new teacher, Mr. Isobe, help Chibi?  
4. What are some of your special skills or talents? |

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| Nasreen's Secret School          | Winter, Jeanette| 2nd-5th | Based on a true story in Afghanistan, this book depicts how powerful education and love can be in life-changing ways, even in the most dire situations.                                                      | 1. What unfortunate event happened to Nasreen?  
2. How did Nasreen handle these issues?  
3. What did Nasreen's grandmother do for her?  
4. What did Nasreen learn at her secret school?  
5. Describe Nasreen at the beginning of this story. Describe Nasreen at the end of this story. |
| Six-Dinner Sid                   | Moore, Inga     | 2nd-5th | Sid lives in six homes and gets six dinners each night. When he gets sick, he goes to the vet six times! When all of his families find out and makes sure he only has one dinner a day, he moves to a new street where everyone knows he is a six-dinner cat. | 1. Do you think it was hard for Sid to keep up with six lives?  
2. Why were Sid's first six families mad at him?  
3. What did Sid do differently on his new street?  
4. Do you think Sid learned it's better to tell the truth than to lie? Why is that better? |
| Stand in My Shoes                | Sornson, Bob    | 2nd-5th | Empathy is understanding how another person is feeling. Showing empathy helps to develop strong, positive social relationships. This story is about Emily, and how she goes about her day, interacting with people, now that she knows what empathy means. | 1. How did different characters react to Emily's empathy towards them? Her sister Alicia? Her dad? Rosie? Mrs. Fitch?  
2. Think about someone in your life. Have you shown empathy towards them?  
3. Has someone been empathetic toward you? How? |
| A Tale of Two Beasts             | Roberton, Fiona | 2nd-5th | This is a story about a little girl that "rescues" a strange beast from the woods….or is it? Hear the little girl's side of the story, and then the wild beast's side of the story. See what happens in the end! | 1. What was the problem? (Each character has their own point of view- what does that mean?)  
2. Has this ever happened to you? You and another person have an opinion/point of view that is different? How do you handle that? Does it become a problem?  
3. Why did the beast come back? Was it really for the hat...or the friendship?  
4. What did the girl learn? |
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| The Bedspread           | Fair, Sylvia    | 2nd-5th | Two bedridden ladies sleeping at opposite ends of a very long bed begin to sew a quilt, each doing it in their own way. | 1. Why do you think the sisters became better friends by the end of the story?  
2. Can people remember things in different ways?  
3. Is there more than one way to solve a problem? Can you give me an example?  
4. If you are bored, what are some things you can do to break your boredom? |
| The Bully Blocker's Club| Bateman, Teresa  | 2nd-5th | A story about possible strategies to help deal with a bully, and, in the end, the idea that getting together with others to face the bully can be effective too. | 1. What were some ideas that Lotty tried when she was being bullied?  
2. What is a bully? In other words, what was Grant like?  
3. What strategy works best at the end of the story?  
4. At the end of the book, there is an excellent informative section about bullying behaviors. |
| The Three Questions     | Muth, Jon J.     | 2nd-5th | Profound yet simple book about compassion and living in the moment. Young Nicoli seeks counsel from Leo the turtle and wants him to answer three questions:  
1) When is the best time to do things?  
2) Who is the most important one?  
3) What is the right thing do? Based on a story by Leo Tolstoy. | 1. What is the most important time?  
2. Who is the most important one?  
3. What is the most important thing to do?  
4. Do you believe grandparents have lots of wisdom? Why or why not? |
| Wilma Jean the Worry Machine | Julia Cook      | 2nd-5th | Anxiety - We can all identify with fear, worry, and being apprehensive now and then. Wilma Jean takes us through a few of her worries, and then discovers she is not alone and can enlist adults in her life to help her address these issues in fun and creative ways. | 1. What are a few of Wilma Jean's worries?  
2. How were these worries affecting Wilma Jean? How did she feel when she woke up?  
3. Who helped Wilma Jean worry less? How did these people help her worry less?  
4. What are some worries you have? What are some ideas that might help you worry less? |
| The Promise             | Davies, Nicola  | 3rd +  | A heartwarming story about the love of nature and the people who decide to change their lives because of it. | 1. Can you tell the story in your own words?  
2. What do you think the message of this story is?  
3. Have you ever seen people planting in your community? If so, how does this make you feel? |
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| I Miss Franklin P. Shuckles | Snihura, Ulana | 3rd-4th | A friend of Franklin does not want to be friends anymore because she thinks he's silly and later realizes her mistake. | 1. Have you ever known someone you didn't want to be with?  
2. Did you change your mind? |
| Metropolitan Cow           | Egan, Tim    | 3rd-4th | When a cow and a pig want to be friends, their parents don't like the idea. | 1. Have you ever had a friend who is different from you?  
2. Why do you think the parents were worried about their friendship? |
| Nobiah's Well              | Guthrie, Donna | 3rd-4th | Nobiah has a "deep heart" as he gives precious water meant for his family and crops to the thirsty animals he meets on his way home from the well. When Nobiah's thirst became "wide," his animal friends helped dig a well for him. | 1. What do you think it means to have a "deep heart" or a "wide thirst"?  
2. Have you ever been as thirsty as Nobiah? What were the circumstances and how did you quench your thirst?  
3. How far did you ever have to go for water? Miles and miles? |
| Old Henry                  | Blos, Joan   | 3rd-4th | Old Henry moves into a new home. His neighbors express unhappiness about the way he takes care of his house. He feels uncomfortable living there, so he moves away. However, he misses his old neighbor and returns to his old home and they all make an effort to get alone. | 1. Why are the neighbors upset with Old Henry's behavior?  
2. How do you think Henry feels about leaving his home?  
3. What did Henry do to help bring everyone back together?  
5. How do you relate to people who live differently than you? |
| Terrible Things            | Bunting, Eve | 3rd-4th | An allegory of the Holocaust. Little Rabbit experiences apathy as each type of creature gets "taken away" by the "Terrible Things." | 1. What are some of the words that describe how the animals felt when the other animals were being taken away?  
2. Why didn't the creatures stand up for one another?  
3. Have you ever stood up for what you thought was right? What happened?  
4. Is it easier to stand up for something alone or with others? Why? |
| Baseball Saved Us          | Mochizuki, Ken | 3rd-5th | A Japanese-American Boy in an internment camp in WWII is helped by baseball. | 1. What do you think it felt like to be in an internment camp?  
2. What do you think other people were thinking of the Japanese? Was this true?  
3. Calling people names can hurt. In the book, being called a "Jap" hurt the boy. Why do you think some people use racial and ethnic slurs? |
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<td>Henry's Freedom Box</td>
<td>Levine, Ellen</td>
<td>3rd-5th</td>
<td>This is a dramatic book about slavery and the Underground Railroad. Henry is a slave, from birth through adulthood, and endures endless hardships because of it. One day, he realizes that, in order to be free, he could mail himself to the North, where there wasn't slavery, and he could be free.</td>
<td>1. What are some of the facts that you learned about slavery? About the Underground Railroad? 2. What are some of the hardships in Henry's life? 3. Did Henry accomplish becoming free on his own? If not, who helped him?</td>
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<td>Miss Rumphius</td>
<td>Cooney, Barbara</td>
<td>3rd-5th</td>
<td>An older woman remembers what her grandmother taught her and she changes the world around her when she does it.</td>
<td>1. Can you think of something your parents or grandparents have taught you that makes the world a better place to live in? 2. Why were the flowers such a wonderful gift?</td>
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<td>The Butter Battle Book</td>
<td>Dr. Seuss</td>
<td>3rd-5th</td>
<td>The Zooks and the Yooks are enemies because of the way they butter their bread. The fight escalates to a dangerous point.</td>
<td>1. What would happen if the last weapon were used? 2. How different were they from each other? 3. If you were in charge, what would you do?</td>
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<td>Play Lady</td>
<td>Hoffman, Eric</td>
<td>3rd-5th</td>
<td>A neighbor the kids call Play Lady is a good friend in many ways. One day, some people wrote mean things on the Play Lady’s house and broke many of her things. The children in the neighborhood wanted to do something to help, and surprised Play Lady.</td>
<td>1. Why do you think Play Lady got along well with others? What did she do to show she cared? 2. What are some feelings you noticed in the story? Who showed those feelings? 3. Why do you think someone would wreck Play Lady’s yard? How would you help someone who is sad?</td>
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<td>First Day in Grapes</td>
<td>Perez, L. King</td>
<td>3rd-6th</td>
<td>Chico and his family move a lot, picking fruits and vegetables. He starts a new school every year, and the other kids pick on him often. On his first day in 3rd grade when things start going very well, two 4th grade bullies confront him. Chico finds his strength and stands up to them, and also learns to be proud of his strengths.</td>
<td>1. Have you ever started a new school? What was it like? 2. Chico was very proud of his math skills. What is something you’re proud of? 3. When Chico stood up to the bullies, other students supported him. What do you think “strength in numbers” means? Who can be there for you too?</td>
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<tr>
<td>Just Kidding</td>
<td>Ludwig, Trudy</td>
<td>3rd-6th</td>
<td>A book about the emotional bullying of boys that shows the difference between just kidding around and actual bullying. It also offers different options for young people to use in order to enable a situation to be more positive.</td>
<td>Excellent discussion questions at the end of the book.</td>
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| Teammates             | Golenbock, Peter     | 3rd-6th     | True story of Jackie Robinson's first weeks as a Brooklyn Dodger, discrimination in the 1940s, and Pee Wee Reese's statement to the whole world that "this man is my teammate." | 1. What do you think segregation means?  
2. Why do you think there are laws against it today?  
3. How do you think Jackie Robinson felt when his own fans would scream insults at him because he was black?  
4. Pee Wee Reese took a brave stand. How can you help support a person being unfairly treated or discriminated against? |
| Friends from the Other Side | Anzaldua, Gloria    | 3rd-6th     | Prietita befriends a Mexican who comes to her Texas town in search of wood for his family. She offers him friendship and help. | 1. Was it hard for Prietita to show friendship with her friends?  
2. Have you ever had a friend that others made fun of?  
3. What did you do? |
| What was the Underground Railroad? | McDonough, Yona Zeldis | 3rd-6th     | This is a series of ten informative chapters about the Underground Railroad. You might ask the student what they know about the Underground Railroad and then choose one of two chapters according to their knowledge. | After reading each chapter, you can ask questions to see if they comprehended the information. |
| ZOOM                  | Banyai, Istvan       | 4th +       | With no words, just pictures, this book is a series of pictures within a picture, from a farm to a bus to a plane to the planet earth! | 1. What is this book about?  
2. What do you think the author is trying to tell us in his book?  
3. If you were to draw one more page at the end of ZOOM, what do you think it would be? Why? |
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<tr>
<td>brown girl dreaming [sic]</td>
<td>Woodson, Jacquelin</td>
<td>4th+</td>
<td>A memoir in free verse, page-long chapters, so you may read any chapter. Woodson recounts her childhood growing up in Ohio and South Carolina during the 1960's, learning about racism, segregation, family, love and respect, and her dream of becoming a writer some day.</td>
<td>Feel free to create questions for each of the 30 chapters as appropriate.</td>
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<tr>
<td>How to Take the GRRRR Out of Anger</td>
<td>Elizabeth Verdick</td>
<td>4th+</td>
<td>A great book that can teach older elementary kids how to manage their anger and work with others in a positive way to be able to get along and be empathetic with other people.</td>
<td>Choose any one of the 10 chapters to read and see what you students have to say. A good section on bullying is on Page 79, with 7 suggestions about ideas for dealing with it.</td>
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| Heroes                                     | Mochizuki, Ken          | 4th-5th| Donnie gets to be a hero in spite of the teasing that his friends say to him.                   | 1. Why do you think they teased Donnie?  
2. Have you ever been teased?  
3. What did you do?                                                                                     |
| Peace Begins with You                      | Scholes, Katherine      | 4th-5th| A global look at peace - what peace is, where it comes from, how to find it, and how to keep it. | 1. What are some things going on in the country or the world right now that interrupt peace?  
2. What can people do about it?  
3. How can we protect peace?  
4. What can you do to let peace begin with you?                                                            |
| The Boat                                   | Ward, Helen & Andrew, Ian| 4th-5th| On a hill among hills, an old man lives with a strange collection of animals. Mutual fear and distrust keep the nearby villagers and the old man apart. One terrible, stormy night floodwaters threaten to engulf the little hill. It seems the man and his menagerie are doomed. Until a boat appears. | 1. Why are the old man and the villagers fearful of one another?  
2. Have you ever been unsure about someone in your community? How did that shape the way you treated them?  
3. Why do you think the boy decided to help the old man?  
4. Were you surprised by the way any of the characters behaved? Who and why?                                    |
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<td>The Christmas Menorahs</td>
<td>Cohn, Janice</td>
<td>4th-5th</td>
<td>Note: This book is almost too long for a reading session. You may want to ask questions while reading, rather than waiting until the end. When the town of Billings, Montana gets hit with hatred against Jewish people, the whole town gets involved in supporting those who were targeted. It recalls the story of King Christian and the Danes who protected the Jews against the Nazis and also tells the story of the Menorah and what it represents.</td>
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|                                            |             |           | 1. What does hatred look like?  
2. What does hatred feel like?  
3. Do you know someone who has been picked on because they’re different?  
4. Why is it important for you to stand up for people who are being discriminated against? |
| The Story of Ruby Bridges                  | Coles, Robert| 4th-5th   | True story of Ruby who helped bring about racial integration in the South.                                                                                                                                 | 1. What made Ruby so brave?                                                                 |
| Kids You Ought to Know                     | Raff, Courtney Granet | 4th-6th   | You might begin by reading the intro on page 5 out loud, and then asking the students what they think a hero is. Then choose any of the fourteen short biographies about young people who have endured challenges. | 1. What makes this person a hero?  
2. Can you name a few words that describe this person?  
3. Do you know a hero in your life? Describe him or her.  
4. Have you ever thought of yourself as a hero? Might you be a hero in some way? How? |
| Separate Is Never Equal                    | Tonatiuh, Duncan | 4th-6th   | This book takes from 11 to 15 minutes to read. Pre-reading vocabulary: segregate, integrate, separate but equal (Definitions found in back of book.) A powerful, true story, set in 1948 in California, about Sylvia Mendez’ struggle for her and her family to attend white public schools.  | 1. what happened to Sylvia and her two brothers at the beginning of the story?  
2. Whenever the question of why couldn't students from Mexico go to their neighborhood schools, what was the answer?  
3. what are some hardships that Sylvia and her family experienced?  
4. In the end, what happened as a result of the law suit? |
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| Get Set! Swim!                          | Atkins, Jeannine        | 4th-8th     | Jessenia has a swim meet that is very important to her. Her mom talks about her dreams of when she lived in Puerto Rico, but all Jessenia can think about is swimming. She starts thinking about her mom’s dreams and wants to win not only for herself but also for her mom. | 1. How were Jessenia and her mom’s dreams different? Were they kind of the same?  
2. Is it important to encourage each other even if you’re different? Why?  
3. What can you say to someone who is scared to make them feel better?  
4. What does encouragement mean to you? |
| A Picture Book of Rosa Parks             | Adler, David A.         | 4th-8th     | The factual retelling of Rosa Parks, who in 1955 was arrested for not giving up her bus seat to a white person. | 1. Why do you think African American people were treated this way?  
2. What does oppression mean?  
3. Who in the world today is oppressed?  
4. What does it take to begin a movement that works toward freedom? |
| Armando and the Blue Tarp School         | Fine, Edith Hope & Josephsno, Judith Pinkerton | 4th-8th     | Armando is a young boy living in Mexico. He and his father are *pепенадорес*, and they dig through the trash to find things they can use to make money. Señor David sets up his blue tarp in the neighborhood and teaches the children. When a fire sweeps through, a new school is built where Armando and all his friends can go to learn. | 1. How is Señor David’s school different from yours? What do you think about it?  
2. How do you think Armando felt when he couldn't go to school? What about when his parents said he could go?  
3. How do you think you can help others who are less fortunate?  
4. What have you done to help others? Do you think it made them feel happy? |
| Women of Hope                           | Hansen, Joyce           | 4th-Adult   | This is a series of 12 biographies of powerful women of color who have accomplished so much, even with the challenges of racial and gender discrimination. They are short, one-page biographies that deal with their upbringing, their challenges and their amazing contributions to our world. |                                                                   |
| Androcles and the Lion                   | Baldwin, James          | 5th-8th     | Androcles is a slave in Rome, and his master treats him very poorly. He runs away to a cave where he befriends a lion in need of his help. He is found and forced to fight a lion as punishment for running away, but when his lion friend is the one he is set to fight, he shares their story of friendship. | 1. Why did Androcles run away? How did he feel when he ran?  
2. What made Androcles want to help out the lion? How do you think the lion felt?  
3. How did the lion help Androcles?  
4. How do you think he was able to be so kind even though he was treated so badly by his master? |
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<tr>
<td>Old Joe and the Carpenter</td>
<td>A Tale from Appalachia</td>
<td>5th-8th</td>
<td>Two old friends have an argument and decide not to talk anymore. When a carpenter builds a bridge between their farms, they see that their friendship is more valuable than anything they argued about.</td>
<td>1. Have you ever had a big fight with your best friend? Do you remember what it was about? 2. If the fight was a long time ago, is it still important now? Do you think the things you fight over now are things you should be mad about forever? 3. What do you think it means to &quot;build (or mend) a bridge&quot; with friends? 4. How can you make things better after a fight?</td>
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<td>Sami and the Time of Troubles</td>
<td>Fleide &amp; Gilliland</td>
<td>5th-8th</td>
<td>Sami lives in Beirut, Lebanon during the war years. This story tells of death and loss, finding family and fun in times of fear. Finding a way we can make a difference in bringing about peace.</td>
<td>1. How did Sami's grand father help the family? 2. If you were in a situation like Sami's, what would you do? 3. Have you ever been a peacemaker, for example, helping friends overcome an argument? 4. What can we do to make the world a better, safer place?</td>
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<td>Showdown and Pangaea Creek</td>
<td>Evans, Michael</td>
<td>5th-8th</td>
<td>Two outlaws bring all their weapons to town and vow to be the one to survive their duel. When they see the fear in the eyes of all the townsfolk, they find the courage to say no to the violence and no one is hurt.</td>
<td>1. How do you think the outlaws felt at the beginning? 2. How did the townsfolk feel? 3. Why did they decide to put their weapons down? 4. Do you think it's hard to walk away from a bad situation? Have you ever had to do it? Was it better to walk away or to just let it happen?</td>
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<td>Story of a Mouse and a Mousetrap</td>
<td>Unknown</td>
<td>5th-8th</td>
<td>A mouse finds a mousetrap in the house and goes to some of the other animals to help him. They all say it doesn’t concern them, but when the farmer’s wife gets sick because of a snake that was caught in the trap, the other animals see that it was more of a problem for them than they originally thought.</td>
<td>1. Why do all the animals say the mousetrap isn’t their problem? 2. What would have happened if another animal helped the mouse out? 3. Even though the mousetrap didn’t affect the cow or the pig right away, it still impacted them later. What do you think could have happened if they would have helped him out in the first place? 4. Is working together hard sometimes? What can you do when it becomes difficult?</td>
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| The Blind Man and the Hunter        | A West African   | 5th-8th| A blind man wants to go out into the woods with a hunter, but the hunter keeps saying no. After he finally says yes, the blind man helps him learn a lesson or two about tolerance and acceptance of those around us. | 1. What does the blind man mean when he says, "I see with my ears"?  
2. How do you think the blind man felt when the hunter said he was no use?  
3. What does it mean that the blind man "hears with his heart"?  
4. Tolerance means accepting someone who is different. What are some ways to show people we accept them? |
| The Gossip                           | Lane, Marcia      | 5th-8th| A villager who likes to gossip realizes that once a rumor has been started it is practically impossible to take back.                                                                                           | 1. Have you ever spread rumors about others? Have you had a rumor spread about you? How did it feel?  
2. How can you help stop rumors from spreading?  
3. When you hear rumors, what can you do about it? If you’re not sure what the truth is, what could or should you do? |
| The Hermit and the Children          | Tobin, Susan      | 5th-8th| A group of children try to outsmart a wise old hermit who lives in the woods. He catches on to their trick, and makes them rethink their plans to try to trick him.                                              | 1. What does friendship mean to you?  
2. How do you feel about winning? Is it always the most important thing?  
3. How do you think the boy felt when Kenai was hurt? What would you do? |
| The Prize                            | Jones Cecil, Meridee | 5th-8th| Two rivals entered in the same dogsled race really want to win. When one of their lead dogs is hurt, he almost considers making him continue so he can win. He soon realizes that the friendship between him and his dog is more important than first place. | 1. What does the secret of the peaceful warrior mean to you? |
| The Secret of the Peaceful Warrior   | Millman, Dan      | 5th-8th| Danny Morgan meets a boy who uses bullying to frighten him on his first day of school. An old man named Socrates helps Danny deal with his fear and teaches him courage, love, and the path of the peaceful warrior. | 1. Share a personal story about bullying.  
2. How does Joy's friendship help?  
3. When has fear prevented you from doing something you wanted to do?  
4. What is empathy and how is it expressed in this story? |
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<td>Wangari's Trees of Peace</td>
<td>Winter, Jeanette</td>
<td>5th-8th</td>
<td>Wangari lives in the forest of Kenya and learns of the richness this environment provides. After receiving her education in the USA, she returns to find a depleted land. She starts a movement to reforest Africa, overcome government opposition, and wins the Nobel Peace Prize.</td>
<td>1. Has Wangari helped to make her world a better place? 2. How did Wangari fight for what she believed in? 3. Are there people in your school who act as peacemakers? How do they do this? Why do you think it was important for Wangari to protect the forest?</td>
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<td>Why Frog and Snake Never Play Together</td>
<td>African Folktale</td>
<td>5th-8th</td>
<td>Frog-child and Snake-child befriended one another and have a fun time playing together. When their parents say they can’t play together anymore, they feel sad and miss their friendship.</td>
<td>1. Why do you think their parents didn’t want them playing together? 2. How did they feel when they couldn’t be friends anymore? 3. What can they do about missing their friendship? What can they do if they want to be friends again?</td>
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<td>My Papa Diego and Me (Mi papa Diego y Yo)</td>
<td>Marin, Guadalupe Rivera</td>
<td>5th-8th</td>
<td>Guadalupe talks about some of the memories that are preserved in some of the paintings done by her father, the late Diego Rivera.</td>
<td>Don’t feel like you have to get through the whole book. You can take the time after each page or story to discuss what the picture shows and what it makes students think of.</td>
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<td>The Woman who Outshone the Sun (La Mujer que Brillaba aun mas que el Sol)</td>
<td>Martinez, Alejandro Cruz</td>
<td>5th-8th</td>
<td>Lucia Zenteno is a beautiful woman, and some say she shines brighter than the sun. Some people don’t like her, and are cruel to her. When she leaves the village and the river leaves with her, they realize how much is missing. They apologize, hoping she will forgive them and return to the village.</td>
<td>1. Why did some people not like Lucia? 2. How do you think she felt when she left? 3. Why did things turn so dry and sad when she was gone? 4. What does it feel like when people say mean things to others? How does it make them feel to know they hurt someone else’s feelings? 5. What can you do to help someone feel better when people are mean?</td>
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<td>Peace Tales</td>
<td>McDonald, Margaret Read</td>
<td>6th-Adult</td>
<td>This book includes three dozen folktales and proverbs that show how little things might lead to peace or war.</td>
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<td>Smoky Night</td>
<td>Bunting, Eve</td>
<td>6th-8th</td>
<td>When the Los Angeles riots break out in the streets of their neighborhood, a young boy and his mother learn the value of getting along with others no matter what their background or nationality.</td>
<td>1. Have you ever seen a riot on TV? What started it? 2. What are some better ways of expressing yourself under those circumstances? 3. Why did they boy not like Mrs. Kim? 4. What could you do to get to know someone better?</td>
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