

# Take a step to become the center of peace in your...



We teach individuals practical peacemaking skills.



We equip communities to effectively handle conflict.



School

We advocate for & implement restorative practices into communities and schools.

## We are at the center of nonviolence.

Since our founding in 1987, The Conflict Center has been committed to teaching effective conflict management within the Denver community. We see conflict as opportunities to build and deepen relationships as we work together to resolve a problem. Through our trainings and class offerings, participants expand their empathy and translate anger into productive nonviolent actions and behaviors. It is our firm belief that by choosing peace in our homes, our schools and our neighborhoods, we can reflect the world in which we desire to live.

## **CONTACT US**







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# WHAT WE DO

# Restorative Practices Program

Our approach and strategies focus on building skills within a school and reshaping the culture where restorative practices are being implemented by shifting from punitive discipline to restorative practices.

#### Social Norming

When young people have a more accurate perception of positive behaviors that are acceptable by their peers, it is less likely they will engage in negative or harmful behavior to seek peer acceptance. Social Norming acts as a "positive peer pressure" to empower students to continue healthy behaviors.

#### Hot Spot Mapping

Using student's voices, we identify and analyze where and with whom students feel most safe, providing a school with a list of its assets. Also, recommendations are given on how to improve school culture.

## Reading for Peace

In small circles, elementary students use children's literature as a vehicle for teaching, discussing and reinforcing concepts of peacemaking and nonviolence.

# Addressing Conflict & Anger Effectively for Adults

Participants will discover how conflict can be a force for positive change. Learn to communicate core emotions underlying anger and identify feelings and needs during high emotion while resolving the problem and building the relationship.

# Addressing Conflict & Anger Effectively for Youth

Learn how teenagers (11-18) make healthy decisions and manage emotions. Parent/guardian participation required for half of the classes. Participants will identify personal triggers and explore their personal anger history as they learn to incorporate practical cool-down skills.

## Parenting

Providing parents with the tools and skills they can utilize with their children throughout different developmental stages using a Restorative Practices lens. These include: setting boundaries and limitations, listening and responding to show genuine interest/concern, problem-solving, and intentional relationship building.

## Restorative Denver Program

Restorative Denver is a partnership between The Conflict Center and the Denver District Attorney's Office, offering a community-based restorative justice alternative for adults referred through the program.

For information about upcoming trainings, availability and pricing, please call 303.865.5621.

