

MOVE FROM DISASTER TO DIALOGUE

8 tips

Debate / Disaster

1. My goal is to try to get the other side to see things my way



2. I interrupt or changing the subject



3. I make assumptions and defend them as truth



4. I search for weakness in the other's position



5. I focus on the point I want to make next



6. I ask questions to try to trip up or confuse



7. I use silence to manipulate or gain an advantage



8. I critique others' experience as exaggerated or invalid



Dialogue

My goal is to gain an understanding of where others are coming from

I allow others to complete their communication

I examine my assumptions and challenge them

I search for strength and value in others positions

I concentrate on others words or feelings

I ask questions to increase understanding

I honor silence

I accept others' experience as real and valid