

# WORKPLACE DEVELOPMENT OPPORTUNITIES

Championing employee development progresses  
sustainably productive workplaces.

## WORKSHOP OFFERINGS

Let us customize a workshop that meets the needs of your workplace.  
Available in 1/2 day and full day formats.



### INTERPERSONAL COMMUNICATION

Employees will gain a better understanding of how to use a variety of techniques to listen openly and engage effectively in a variety of workplace situations.



### RELATIONSHIP BUILDING

The course teaches a variety of techniques that leaders can utilize to identify shared team goals and values; listen openly; create safe space for differing perspectives to be voiced; and facilitate difficult conversations.



### EFFECTIVELY MANAGING CONFLICT IN THE WORKPLACE

Employees will gain the tools and skills needed to understand differing perspectives, generate options and create mutually agreeable solutions that enable all participants involved in the conflict to move forward productively.



### CREATIVE PROBLEM SOLVING & CRITICAL DECISION MAKING

This course raises awareness of the Stages of Change Model and supports individuals and teams to explore where they are on the continuum and how ready and committed they are to make changes that will help them to realize their individual and group goals.



### EMOTIONAL INTELLIGENCE

Participants will practice techniques that allow them to assess situations with empathy, cool down when necessary and respond productively in tense or difficult situations.



### VALUING DIVERSITY & DIFFERENCES

Through this course participants will continue to develop the perspectives and skills needed to effectively build a diverse and inclusive staff where differences are not only valued but are an inherent strength.



### CULTURAL AWARENESS

We'll cover identity, recognizing elements of personal and organizational culture which either hinder or support inclusive practices, and practicing specific mind-sets and skill-sets which enhance cross-cultural work.