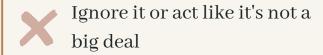
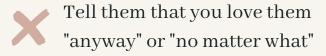
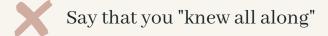
HOW TO REACT WHEN YOUR CHILD TELLS YOU THEY ARE LGBTQ+

Your reactions can have lasting impact. Choose a reaction that will build a caring relationship between you and your child.

Instead of this:









Use religion to shame them

Stay quiet or withdraw because you are unsure

Do this:

Thank them for telling you

Tell them you believe them and love them

Acknowledge their journey and their courage

Ask about what kind of support they need

Find a welcoming faith community

Acknowledge you have questions and say that you'd like to explore them together

Do: find resources and support for yourself; the local PFLAG chapters is a good place to start.

