

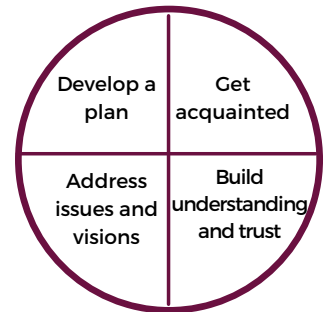
PEACE CIRCLES & CONNECTION CIRCLES

PEACE CIRCLES



a minimum of 3 participants sit in a circle and take turns discussing what happened/why and brainstorm resolutions in order to repair harm

- promotes conflict resolution
- community building & management tool
 - builds community
 - preventative practice



CONNECTION CIRCLES



A gathering where participants sit in a circle to provide safe, supportive spaces for members to discuss sensitive topics, differences and build consensus

Example Steps:

- 1) Invite participants.
- 2) Introduce.
- 3) Check-in.
- 4) Mindfulness exercise.
- 5) Trust-building exercise.
- 6) Allow sharing.
- 7) Close.



Engaging with peace circles and connection circles practices is a great way to encourage collaboration and acceptance in community in a variety of settings