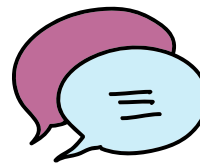


REFRAMING

IN RESTORATIVE JUSTICE

WHAT IS REFRAMING?

REFRAMING IS A MODIFIED REFLECTIVE STATEMENT WHERE THE FACILITATOR RESTATES WHAT HAS BEEN SAID BY A PARTY IN A WAY THAT DE-ESCALATES NEGATIVE TONE. REFRAMING IS A VALUABLE KEY TOOL IN RESTORATIVE PRACTICE.



THE ART OF REFRAMING IS TO DO IT GENTLY SO THAT IT DOES NOT COME ACROSS AS JUDGMENTAL AND THEREBY CREATE DEFENSIVENESS. BY CONCENTRATING ON THE SPEAKER'S KEY POINTS, WE ARE ABLE TO HELP SHIFT TOWARDS A CONSTRUCTIVE FOCUS.

PROBLEMATIC STATEMENT

"SHE'S NOT A TEAM PLAYER, SHE BARELY DOES ANYTHING."

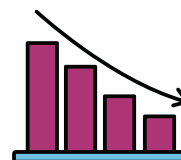


REFRAMING STATEMENT

"IT SOUNDS LIKE YOU WOULD APPRECIATE MORE HELP FROM HER."

RESULTS

REFRAMING CAN BE A DIFFICULT BUT IMPORTANT SKILL TO MASTER. IF YOU'RE ABLE TO RESPECTFULLY REFRAME, YOU'LL DIFFUSE TENSE MOMENTS AND HELP MOVE PARTIES TOWARD A MUTUAL UNDERSTANDING.



PROBLEMATIC STATEMENT

"HE COMPLAINS FROM THE MOMENT HE GETS HERE UNTIL THE TIME HE GETS ON THE BUS TO GO HOME."



REFRAMING STATEMENT

"IT SOUNDS LIKE HE IS SLOW TO WARM UP IN NEW SETTINGS OR IN THE PRESENCE OF OTHER COMMUNITY MEMBERS/CASE WORKERS."



MAKE IT INTO A GAME!

EXPLAIN REFRAMING TO A GROUP OF STUDENTS AND PROVIDE EXAMPLES. DIVIDE THE STUDENTS INTO GROUPS AND PROVIDE THEM WITH AN INFLAMMATORY STATEMENT THAT NEEDS TO BE REFRAMED. THE FIRST GROUP TO COME UP WITH A STATEMENT AND WRITE IT ON THE BOARD WINS A POINT