



The social discipline window outlines four basic approaches to maintaining behavioral boundaries and social norms. There are different combinations of support and control, and those combinations describe the outcomes. The main principle is to fix the harm done with people, rather than to or for them.

Australian criminologist, John Braithwaite, asserted that relying on punishment to regulate behavior is problematic because it shames and stigmatizes those who cause harm, which leads to a negative culture where changed behavior does not occur.

A restorative approach accepts and reintegrates the individual which empowers them and reduces reoffending.

